



# RECREATION SERVICES

Aquatics Center • Beaches • Boathouse & Club Room • Community Center  
Golf Course • John D. Spreckels Center & Bowling Green • Parks • Skatepark  
Tennis Center

**WINTER/SPRING 2017  
FEBRUARY - MAY**



*Online & Mail In Registration starts for residents January 17, 2017  
(see pages 1-3 for more information on registration)*

*We Create Community Through People, Parks and Programs*

Follow City of Coronado Recreation Services:  

## RECREATION ADMINISTRATION

### **CORONADO CITY COUNCIL**

**Mayor** Richard Bailey

**Councilmember** Bill Sandke

**Councilmember** Carrie Anne Inada Downey

**Councilmember** Michael R. Donovan

**Councilmember** Whitney Benzian

City Council meets the 1st and 3rd Tuesday of each month in the City Hall Council Chambers.

**City Manager** Blair King

### **Parks & Recreation Commission**

**Chairperson** Todd Little

**Commission Member** Kari McPherson

**Commission Member** Akshay Sateesh

**Commission Member** Chris Toogood

**Commission Member** Vacant

**Student Commissioner Member** Patrick Harris

The **Commission** meets the 2nd Monday of each month in the City Hall Council Chambers.

### **RECREATION & GOLF SERVICES**

**Director** Roger Miller

#### **Administration**

Management Assistant-Sandy Downes

Office Specialist-Amanda Ratajesak

#### **Recreation Programs (619) 522-7342**

Recreation Services Supervisor-Stacy Berman

Recreation Coordinator-Elizabeth McMahon

Recreation Coordinator-Brooke Klosinski

Recreation Coordinator-Jennifer Benzel

#### **Aquatics & Coronado Boathouse**

(619) 522-2464/(619) 522-2655

Aquatics Supervisor-Lori Stucki

Aquatics Coordinator-Jordann Gottlieb

Aquatics Coordinator-Bruce Willie

Aquatics Coordinator-Andrea Meier

#### **Operations**

Recreation Services Supervisor-Orlando Vales

Recreation Coordinator-Kellie Spurgeon

Office Specialist-Wesley Jones

#### **Golf & Tennis (619) 435-3121/(619) 522-2650**

Golf Maintenance Supervisor-Phil Fitzgerald

Recreation Coordinator-Sheryl Munning

Office Specialist-Anna Dissing

#### **Spreckels Center (619) 522-7373**

Recreation Supervisor-Wendi Garrison

Office Specialist-Sherry McGlaughlin

**Website**-[www.coronado.ca.us/recreation](http://www.coronado.ca.us/recreation)

**Email**- [recdept@coronado.ca.us](mailto:recdept@coronado.ca.us)

### **From the Director**

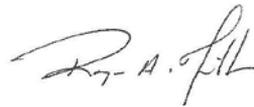
The Recreation Department is bursting with activity this time of year. There is so much we have to offer for children, teens, as well as, for adults and seniors!

The beautiful new Spreckels Center has just recently opened and we encourage you to drop by and check out the new programs and activities that are in place and also forthcoming. These activities are catered to the fifty plus age group. In addition, the City is launching the Out and About Program for residents 60 and over. For a nominal fee, this program will provide scheduled rides in Coronado and into identified areas of San Diego, to residents who have limited or no transportation, thus allowing seniors to be mobile without having to depend on others to drive them around. The Spreckels Center is located across from Spreckels Park, next to the Library. Please contact the Spreckels Center at 619-522-7343 for more information.

Just a reminder, the Coronado Community Center is a great place to host your child's next birthday party. You can choose from swimming, sports, dance, rock climbing, cooking, science or a crafts theme. We provide the fun (including a party leader, activities, goodie bags, decorations and even the food, drinks and cake, if you wish) AND our staff cleans up EVERYTHING after everyone has left with a smile and lots of great memories. Space is limited and venues fill fast so book your room today!

As always, we have our returning special events, Breakfast with the Easter Bunny and the Easter Eggstravaganza in April. Come have breakfast with the Easter Bunny, take photos and create crafts. The Easter Eggstravaganza is always a family favorite with egg hunts around the clock, carnival games, crafts and our life-sized Candyland game.

No matter your age, the Recreation Department offers something for everyone. What are you waiting for? It's time to get Out and About!



Roger Miller

Director of Recreation & Golf Services



### **MISSION STATEMENT**

The Mission of the Coronado Recreation Services Department is to strengthen community through programs, services and facilities which enhance personal development, promote healthy lifestyles, encourage community involvement, and foster environmental stewardship.

# 5 EASY WAYS TO REGISTER

## ONLINE



- FIRST
- FASTEST
- GET IMMEDIATE RESPONSE

**Begins - Coronado residents only, January 17, 2017**

Visa, Mastercard, Discover or American Express  
**For nonresidents of Coronado,**  
 online registration begins January 24, 2017.  
[www.coronado.ca.us/recreation](http://www.coronado.ca.us/recreation)

**Please see page 3 for complete instructions on how to register online.**

## MAIL IN



**Begins - Coronado residents only, January 17, 2017**

1845 Strand Way  
 Coronado, CA 92118

**Note - Make Checks payable to: City of Coronado**  
 Visa, Mastercard, Discover or American Express  
**For nonresidents of Coronado,**  
 mail-in registration begins January 24, 2017.  
 For registration forms go to pages 61 & 62 or  
[www.coronado.ca.us/recreation](http://www.coronado.ca.us/recreation)

## PHONE IN



**Begins - January 24, 2017 Open to all**

City of Coronado Recreation (619) 522-7342  
 Visa, Mastercard, Discover or American Express  
 Hours: Mon. - Fri. 9:00am-8:00pm  
 Sat. 9:00am-5:00pm Sun. 11:00am-4:00pm

## FAX IN



**Begins - January 24, 2017 Open to all**

City of Coronado Recreation (619) 522-7870  
 Visa, Mastercard, Discover or American Express  
**For registration forms go to pages 61 & 62 or**  
[www.coronado.ca.us/recreation](http://www.coronado.ca.us/recreation)

## WALK IN



**Begins - January 24, 2017 Open to all**

1845 Strand Way  
 Coronado, CA 92118  
 Hours: Mon. - Fri. 9:00am-8:00pm  
 Sat. 9:00am-5:00pm Sun. 11:00am-4:00pm  
**For registration forms go to pages 61 & 62 or**  
[www.coronado.ca.us/recreation](http://www.coronado.ca.us/recreation)

## ACTIVITY REGISTRATION

<b>GUIDELINES</b> .....	60
General Information.....	2
Participant Information Form/Waiver.....	62
Registration Form.....	61

## ADULTS

Aquatics.....	29;34-36
Enrichment Classes.....	56-57
Fitness Classes.....	57-58
Sports Leagues/Teams.....	12

## AQUATICS

General Information.....	29
Classes.....	30-36

<b>BEACH</b> .....	11
--------------------	----

<b>BOATING</b> .....	24-28
----------------------	-------

## COMMUNITY

Animal Licensing.....	11
Common Community Phone Numbers.....	3
Sports Organizations.....	12
Spreckels Center.....	14-17
Upcoming Events.....	8-9

<b>GOLF</b> .....	13
-------------------	----

<b>LAWN BOWLING</b> .....	16
---------------------------	----

<b>LIBRARY</b> .....	13
----------------------	----

## PARKS & FACILITIES

Animal Licensing.....	11
Community Center.....	1-6
Coronado City Map & Key..	64 & inside back cover
Park & Beach Permit Info.....	59

## PRESCHOOL

Aquatics.....	29-31
Dance & Gym.....	37-40
Enrichment Classes.....	41-44

<b>ROCK CLIMBING</b> .....	7
----------------------------	---

<b>SPRECKELS CENTER</b> .....	14-17
-------------------------------	-------

## SKATEPARK

Skate hours & activities.....	7
-------------------------------	---

## TEENS

Aquatics.....	29-30;32-36
Class & activities.....	51-56

<b>TENNIS</b> .....	18-23
---------------------	-------

<b>UPCOMING EVENTS</b> .....	9
------------------------------	---

## YOUTH

Aquatics.....	23-36
Dance & Gym.....	39 & 40

# GENERAL INFORMATION

## PROOF OF RESIDENCY & AGE

The city requires proof of Coronado residency in order to qualify for resident rates. Please provide a current copy of a valid government issued picture I.D. and one of the following as proof of residency:

- \*Utility Bill
- \*Military Housing Orders (at least 6 months)
- \*Lease or rental agreement (at least 6 months)
- \*Property Tax Statements
- \*Check with Address Imprinted

Proof of age is required for all people under the age of 18. You may provide a birth certificate, passport, medical or government issued identification card with the birthdate pre-imprinted on the card. Proof of age is required prior to registering for any programs or classes.

## FAMILY MEMBERSHIPS

Family passes are good for up to five (5) members of the immediate family, not to exceed two (2) adults. A family member is a spouse, parent, grandparent or child living in the same household.

## YOUTH GUEST POLICY

To assure your child's safety and to provide a positive experience for Coronado Community Center guests of all ages, we have set the following guidelines:

**YOUTH 8 years and older** can be at the Community Center and pool without adult supervision. We recommend that all youth guests have a completed Participant Information/Emergency Form on file with the Community Center staff. Unaccompanied youth and teens must be able to demonstrate respect for other individuals and for Community Center equipment.

**YOUTH Under age 8** must be under the direct supervision of their parent or guardian at all times when in the Community Center or pool.

If not with a parent, youth under 8 years must be accompanied by a patron 18 years or older. The responsible patron 18 years or older can only supervise 5 children under the age of 8.

**TEENS 15 years and older** may utilize the Fitness Room after completing the Safety Orientation. Failure to follow these guidelines may result in the loss of Community Center privileges. Participants under the age of 18 must have a waiver signed by their parent or legal guardian.

## ACCESSIBILITY

The Recreation Department is committed to supporting the Americans With Disabilities Act to provide reasonable services and opportunities for those with special challenges and needs. If you

require special accommodations for participation in our programs or in the use of our facilities, please call 522-7342.

## SCHOLARSHIPS

Program Scholarships are available to Coronado's youth. We offer one scholarship, per child, of the fee of one program up to \$50 maximum. This includes your choice of a class per brochure if funds are available. An application is available at the Community Center, 1845 Strand Way. Also, if you would like to help create an opportunity for a child to participate in a recreation program, contact the Recreation office at 522-7342 or by e-mail at [recreation@coronado.ca.us](mailto:recreation@coronado.ca.us) to inquire about making a donation.

## PARKS MAKE LIFE BETTER

The City of Coronado, along with the California Parks and Recreation Society's "Parks Make Life Better" logo, reminds us that parks and recreation make lives and communities better now and in the future. Parks give us access to serenity and to the inspiration of nature. They give us outdoor space to play and exercise. They are the best facilities for self-directed and organized recreation. In short, parks and recreation services make lives better for everyone in Coronado.



## CHARACTER COUNTS

The City of Coronado, the Coronado Unified School District and the Coronado Chamber of Commerce have teamed up for the Character Counts initiative to empower individuals to make positive choices.

The thrust of the program is simple...include the six character traits in our community language – Trustworthiness, Respect, Responsibility, Fairness, Caring and Citizenship.

Adopted by communities and organizations throughout the United States, the Coronado Human Relations Commission has brought "Character Counts" to Coronado knowing that the well-being of our society requires all of us to be involved and to do the right thing even when no one is looking.



## "LIVE A HEALTHY LIFE...RECREATE!"

The "Live A Healthy Life...Recreate" logo identifies programs and activities that provide a health and wellness benefit to the participant. Throughout San Diego County, parks and recreation agencies have joined together in a campaign to create healthy communities and provide opportunities for residents to be physically active. The most common benefit of participation in a recreation program, class, or camp is derived from aerobic exercise. Look for the "Live A Healthy Life...Recreate" logo to find heart healthy programs for you and your family to participate in at the Coronado Community Center.





## ONLINE REGISTRATION

1. Go to our web site:  
<https://online.activecommunities.com/coronado>
2. Log into the Active registration site\*
3. Choose your courses
4. Pay with a credit card and receive an instant e-mail confirmation of your enrollment

\*If this is your first time registering since Sept. 2005 call 619-522-7342 to get a family pin number and login ID. Accounts can be requested online or by calling 619-522-7342.

**Please remember to enter the family pin number and login ID.**

A service fee is charged for online registration.

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## COMMUNITY PHONE NUMBERS

### IMPORTANT NUMBERS

Beach & Bay Information 338-2073  
 Boathouse & Club Room 522-2655  
 Braille Institute (858) 452-1111  
 Chamber Of Commerce 435-9260  
 Concerts In The Park 990-5616  
 Coronado City Hall 522-7300  
 Coronado Library 522-7390  
 Coronado Aquatics Center 522-2464  
 Coronado Police Department 522-7350  
 Coronado Recreation Department 522-7342  
 Coronado Visitors Information 437-8788  
 Ferry Information 234-4111  
 Flower Association 435-1631  
 Fourth of July Committee 319-5147  
 San Diego Transit 233-3004  
 Senior Center 435-2616  
 Silver Strand State Beach 435-5184  
 TDD (Device for the Deaf) 522-7357  
 Tidelands Park Reservations (S.D. Port District) 686-6225

### TEAM SPORTS

Coronado Adult Softball - Sam Sonne 522-2459  
 Coronado Girls Fast Pitch Softball - Jason Smith 865-6130  
 Coronado Lacrosse Club - Stacy Morrissey - 850-346-8067  
[www.coronadolacrosseclub.com](http://www.coronadolacrosseclub.com)  
 Coronado Lawn Bowling Club - 319-5509  
 Coronado Pop Warner - Erin Everett 890-8791  
 CYC - Youth Sailing Program 435-0522  
 Islander Sports Foundation - Derry Cowley -  
[www.IslanderSportsFoundation.org](http://www.IslanderSportsFoundation.org)  
 Lacrosse - CHS Sports Complex 522-8970  
 Little League & T-Ball - Kristen Guymon -  
[KGuymonCLL@gmail.com](mailto:KGuymonCLL@gmail.com)  
 Recreation Soccer - Cindi Gehler [www.nadosoccer.com](http://www.nadosoccer.com)  
 Select Soccer - Manny Neves [www.nadosoccer.com](http://www.nadosoccer.com)

### INDIVIDUAL SPORTS

Coronado Golf Course Information 435-9485 or 435-3121  
 Coronado Tennis Center - 522-2650  
 Coronado Tennis Assn. - Jennie Portelli 437- 4348

### SCOUTS & CAMP FIRE

Boy Scouts - 298-6121  
 Camp Fire USA - Rochelle Ninteman 291-8985  
 Girl Scouts - Nancy Mowry 437-1031

### AQUATIC ASSOCIATIONS

Coronado Masters - Pete Toennies 435-3543  
 Age group swim teams and water polo (see page 12)

### SPECIAL INTEREST GROUPS

Coronado Art Association - Gerry Lounsbury 435-4546  
 Coronado Art in the Park - Gerry Lounsbury 435-4546  
 Coronado Floral - Leslie Crawford 435-0334



CITY OF CORONADO  
RECREATION SERVICES

## Community Center

### Regular Hours of Operation:

**Mon. - Fri.** 6am-9pm  
**Sat.** 8am-6pm  
**Sun.** 10am-5pm

*You could be doing the following at the Community Center:*

- Spending time with your family
- Doing something for yourself
- Meeting new people
- Beginning a workout regimen
- Maintaining a healthy lifestyle
- Reaching a new goal

#### *The Community Center Features:*

- **Pool Complex** with a 50 meter competitive pool and a shallow recreational/instructional pool.
- **Gymnasium** with NCAA regulation sized basketball court with floor lines for basketball, volleyball and badminton.
- An amazing indoor **Climbing Wall** which features a flat face wall, overhangs and chimney.
- The **Nautilus Banquet Room** that can accommodate 250 people banquet style. The room features a breath taking view of Glorietta Bay.
- A fully equipped **Catering Kitchen** for use with the Nautilus Room.
- **Two Activity/Meeting Rooms** with a demonstration kitchen.
- A **Fitness Center** in which you can enjoy the view of Glorietta Bay as you work out on our state of the art fitness equipment.
- A **Dance Studio** featuring hardwood floors, ballet barres and floor-to-ceiling mirrors.
- A sun-lit **lobby** featuring lounging areas, a snack bar with drinks, snacks, and a reception desk where professional staff can take class registrations, answer your questions, process facility rental applications, and sign you up for a wide variety of activities.
- A **spacious park** situated between the Community Center and City Hall.
- A wide variety of **programs & classes** for children and adults.



# COMMUNITY CENTER USE FEES

There are many great things to do in your community center. You can swim in the pool, climb the rock wall, work out in the fitness room, and play basketball, volleyball and badminton in the gym. We have pricing plans for individual use and discounts for a Community Center All pass. Coronado residents can take advantage of an even better deal when they use the center as a family. You must be at least 15 years of age to use the Fitness Room, and 6 years old to use the Climbing Wall. A towel is required in the Fitness Room. The pool may be closed up to 15 days per year for maintenance as part of all year passes.

## RESIDENT USE FEES

### Daily Use

	Pool	Fitness	Gym	Climbing Wall	Community Center All (Includes Pool, Fitness, Gym & Climbing Wall)	Skate Park
Youth	\$2	\$4	\$1	\$7	\$9	\$5
Adult	\$4	\$6	\$2	\$10	\$14	\$5
Senior 55 +	\$3	\$5	\$2	\$8	\$12	\$5
Family *	n/a	n/a	n/a	n/a	\$40	n/a

### Monthly (30 days from purchase)

	Pool	Fitness	Gym		Community Center All (Includes Pool, Fitness, Gym & Climbing Wall)	Skate Park
Youth	\$40	\$30	\$12	n/a	\$50	n/a
Adult	\$60	\$36	\$20	n/a	\$85	n/a
Senior 55 +	\$50	\$30	\$15	n/a	\$70	n/a
Family *	n/a	\$60	n/a	n/a	\$160	n/a

### Annual Pass (365 days from purchase)

	Pool	Fitness	Gym		Citywide (Includes Pool, Fitness, Gym, Climbing Wall & Skate Park)	Skate Park
Youth	\$400	\$340	\$50	n/a	\$515	\$60
Adult	\$600	\$400	\$150	n/a	\$950	\$100
Senior 55 +	\$500	\$330	\$150	n/a	\$750	\$60
Family *	n/a	\$640	n/a	n/a	\$1,490	n/a

\*Family may be up to 5 people in the same household.  
\* Only two adult members per family pass.

## NONRESIDENT USE FEES

### Daily Use

	Pool	Fitness	Gym	Climbing Wall	Community Center All (Includes Pool, Fitness, Gym & Climbing Wall)	Skate Park
Youth	\$4	\$7	\$3	\$12	\$16	\$5
Adult	\$10	\$10	\$5	\$12	\$21	\$5
Senior 55 +	\$7	\$9	\$5	\$12	\$18	\$5

### Monthly (30 days from purchase)

	Pool	Fitness	Gym		Community Center All (Includes Pool, Fitness, Gym & Climbing Wall)	Skate Park
Youth	\$80	\$50	\$25	n/a	\$100	n/a
Adult	\$120	\$60	\$40	n/a	\$165	n/a
Senior 55 +	\$100	\$50	\$35	n/e	\$135	n/a

### Annual Pass (365 days from purchase)

	Pool	Fitness	Gym		Citywide (Includes Pool, Fitness, Gym, Climbing Wall & Skate Park)	Skate Park
Youth	\$800	\$550	\$300	n/a	n/a	\$60
Adult	\$1,200	\$650	\$300	n/a	n/a	\$100
Senior 55 +	\$1,000	\$560	\$300	n/a	n/a	\$60

**FITNESS ROOM**



**Be healthier and happier with a daily workout!**

**Hours of Operations**

**Monday - Friday 6:00am to 9:00pm**  
**Saturday 8:00am to 6:00pm**  
**Sunday 10:00am to 5:00pm**

**Commit yourself to feeling, looking and living a healthier lifestyle!**  
**Workout with a view of Glorietta Bay!**

The benefits of working out or taking a fitness class are endless...promote a stronger and more efficient heart, burn calories, strengthen muscles, improve flexibility, revitalize your day with energy, enhance quality of sleep, control and reduce body fat and allow YOU to do something good for YOU! State of the art equipment includes treadmills, bikes, elliptical and strength equipment! Towel required in Fitness Room.

**Daily Adult Rate:**

Coronado residents: \$6.00  
 Nonresidents: \$10.00  
 Locker room with showers available!  
 Discounted rates for monthly and yearly memberships!  
 Minimum age to use the Fitness Room is 15.  
 Participants under the age of 18 must have a waiver signed by their parent or legal guardian.



*Personal Training Available...  
 Visit or call the reception desk at  
 (619) 522-7342 for available trainers.*

**GYMNASIUM**



**DRIBBLE \* PASS \* SHOOT  
 BUMP \* SET \* SPIKE**

**Open Adult Gym Fees:**

**\$5.00**  
**\$2.00 Resident Discount**  
 (unless designated otherwise)

**Open Youth Gym Fees:**

**\$3.00**  
**\$1.00 Resident Discount**  
 (unless designated otherwise)

**Adult & Teen Badminton**

Adults and Teens ages 16 and older can compete on Monday nights from 6:00-9:00pm with two courts set up for singles or doubles play. Racquets are available for checkout with an ID. Fee above.

**Adult Full-Court Basketball**

Every Tuesday night from 6:00-9:00pm and Sunday mornings 10:00am-12:00pm adults ages 18 and over can run the full 94 foot long NCAA sized basketball court. Format is 5 vs. 5 on a first come, first play basis. Fee above.

**Adult Volleyball**

Adults ages 18 and older can participate in semi-organized pick up volleyball games in the Community Center Gymnasium. These recreation level games are played every Wednesday night from 6:00-9:00pm. Fee above.

**Adult & Teen Open Gym Basketball**

Adults and Teens ages 16 and older can compete on Thursday night from 6:00-9:00pm. Both side courts are used with 4 vs. 4 format on a first come, first play basis. Fee above.

**Family Basketball**

Families with children are invited to practice basketball and play single basket games on Sundays from 12:00pm-5:00pm. Basketballs are available for checkout with an ID. No full court games are allowed. It's a great time for children to work on fundamentals with their parents. Fee above.

**Monthly Gymnasium Calendar**

**Available on city website:**

**[www.coronado.ca.us/recreation](http://www.coronado.ca.us/recreation)**

# ROCK CLIMBING

WINTER/SPRING 2017



# SKATEPARK

2000 Mullinix Dr.  
Coronado, CA 92118  
(619) 708-8341



## Rock Wall Hours:

**Sunday, Monday, Friday - closed**

**Tuesdays 3:00-7:00pm**  
Half Price climbing

**Wednesdays 4:00-7:00pm**  
Two climb for the price of one

**Thursdays 3:00-7:00pm**  
Half Price climbing

**Saturdays 12:00-4:00pm**

## Requirements for Climbing:

- Must be 6 years old.
- Signed waiver must be completed before climbing on wall.
- Climbers under age 18 must have their parent sign waiver in person.
- Must wear closed toed shoes.

## Rock Wall Fees:

	Fee/Resident Discount
Youth	\$12/\$7
Adult	\$12/\$10
Senior	\$12/\$8

**Ask about our Rock Wall  
Birthday Parties!**

**See pages 47 & 49 for Rock Climbing  
classes.**

## Participant Guidelines:

The Coronado Skatepark is a supervised facility, designed for use with skateboards and in-line skates only. Participants must be 6 years or older to skate. A waiver must be on file and completed prior to skating. Parents or legal guardian must sign in person for all skaters under 18 years old or have their waiver notarized. Standards of behavior and our pads policy are posted and enforced. Pads are available at the park to use for free of charge.

## Hours & Fees:

Sept. - June:  
Mon. - Fri.: 1:00pm - Dusk  
Sat & Sun: 10:00am - Dusk



June - Aug.:  
Everyday: 10:00am - Dusk

(Closed on Christmas, Thanksgiving,  
New Year's Day morning, Easter morning,  
July Fourth and days with inclement weather.)

## Yearly Memberships:

(SKATE ALL DAY, EVERYDAY DURING  
OPEN HOURS)

*Adults (18-54)	\$100
*Youth (6-17)	\$60
*Seniors (55+)	\$60

SINGLE DAY USE (6+) \$5  
ANNUAL REGISTRATION FEE \$10

\*Annual registration fee waived with purchase  
of one year pass

SNACKS + DRINKS AVAILABLE  
AT OUR SMALL SNACK BAR

**See pages 49 & 56 for skate classes  
and activities for youth and teens.**

*Skateboarding helps a ton with balance, precision, with air awareness... it gets your senses to be spot-on and it's also a great way to take my mind off things. Shaun White*

HOST YOUR CHILD'S NEXT  
**BIRTHDAY PARTY**  
AT THE  
**COMMUNITY CENTER**

You Pick the Date,  
Invite 12 Friends and  
We Provide the FUN!

Choose sports, dance, skateboarding,  
rock climbing, cooking, science or  
crafts.

We'll provide the party leader, activities,  
goodie bags and decorations.



**ADDITIONALLY WE CAN**

- \*Create a Theme Party
- \*Supply Pizza, Drinks and a Cake

**WE ALSO HAVE TEEN BIRTHDAY PARTY PACKAGES**

To book a Birthday Party Package,  
contact Mayra, our birthday party  
planner at least two months in advance  
at (619) 522-7342 or by email at  
mreynoso@coronado.ca.us

**CONNECT**  
With The Recreation Department



City of Coronado Recreation Services  
Coronado Teens (Teen Programs)



Recreate\_Coronado



[www.coronado.ca.us/recreation](http://www.coronado.ca.us/recreation)

**With The City of Coronado**



@CoronadoCity



coronadotv.me



[local.nixle.com/coronado](http://local.nixle.com/coronado)

**For Up To Date Information  
On Events, Activities, Closures,  
Traffic and City News**

Coronado Recreation Department's

# EASTER

## SATURDAY, APRIL 15, 2017

Start Your Easter off with  
**BREAKFAST**  
WITH THE  
**EASTER BUNNY**  
**9:00am**

Community Center Banquet Room

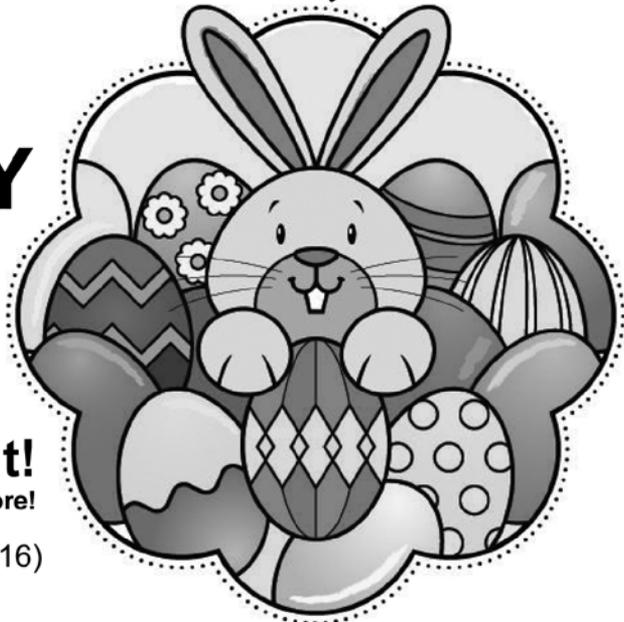
Pancakes, Sausage, OJ, Coffee  
& Seasonal Fresh Fruit

**Small Specialized Egg Hunt!**

Crafts, Goodie Bags, Prize Wheel, Face Painting & more!

\$11 Adults      \$9 children (under 16)

Tickets Must Be Purchased in Advance



UPCOMING SPECIAL EVENTS

Continue Your Easter Celebration with

## THE EASTER EGG-STRAVAGANZA

**1:00-3:30pm**

**Community Center**

**FREE On-Going Egg Hunts** (for Specific Age Groups)

Separate Egg Hunt Area for Toddlers

Life-Sized Candyland Game to Play

Visits from the Easter Bunny

Easter Carnival Games to Win

Easter Crafts to Create

Tickets Available to Purchase at Event



**FOR DETAILS CALL 522-7342**

We Create Community Through People, Parks and Programs



*We Create Community Through People, Parks and Programs!*

**CORONADO  
ARMCHAIR  
TRAVEL**



**Coronado Community Center -  
Nautilus Room**

Armchair Travel meets at 6:00pm on the second Tuesday of every month in the beautiful Nautilus Room of the Coronado Community Center, 1845 Strand Way. Refreshments are served from 6:00-6:45, when our speaker will begin their presentation. This is a wonderful opportunity for community members to meet old friends and make new acquaintances with whom they share a common interest in travel. The city charges a \$5 admission fee, payable at the Recreation Center front desk.



**January 10th, 2017:** Patty Jepson and friends will present their recent cruise to the Marquesas and Society Islands.



**February 14th, 2017:** Elaine and Ron Chiu will discuss their recent visit to his ancestral home in China.



**March 14th, 2017:** former Naval Attaché to Italy, Bill Green will discuss his tour in the eternal city of Rome.



**April 11th, 2017:** Chris Hatch will lead us on a walk along the Camino de Santiago in Spain.



**May 9th, 2017:** David Strack will take us to Berlin - then and now - showing us the changes from 1960's Cold War era Berlin, to the post unification modern capital of Germany.



**June 13th, 2017:** Helen Anderson will take us to the fabled land of Kashmir, India, where she lived aboard a houseboat and visited ancient Buddhist sites.

## CORONADO BEACHES

The City of Coronado has approximately two miles of beach between the Naval Air Station, North Island and the Naval Amphibious Base, Coronado.

### LIFEGUARD TOWER:

Main Tower: Central Beach (619) 522-7346  
Portable Towers: North Beach & the Coronado Shores

### LIFEGUARD HOURS:

Daily: 9:00am to Dusk

### AMENITIES:

**Central Beach:** Volleyball Courts, Restrooms, and Beach accessible wheelchairs are available to the public at no charge at the Main Lifeguard Tower on a first come, first serve basis.

**North Beach:** Fire Rings, Dog Run, Dog Wash, Restrooms

### RULES:

Alcohol and glass are not allowed on the Beach. Fires using clean wood only are allowed in the rings provided at North Beach or in portable barbecues/fire containers. Coals must be properly disposed of in Hot Coal Bins located on the beach. Fires may not be built directly on the sand. Kites are allowed (South of the Hotel Del Jetty only)

North Beach Curfew: 11:00pm to 5:00am  
Dogs are allowed only at North Beach (Dog Beach) and must be on voice command or leashed. Smoking is not allowed.

### BEACH CLOSURES:

The Beach may occasionally be closed by authority of the San Diego County Department of Environmental Health.

Beach Closure Information: (619) 338-2073

### CORONADO LIFEGUARDS

### REMIND YOU TO STAY SAFE AT THE BEACH.....

- Always swim near a lifeguard
- Learn to swim
- Never swim alone
- Don't fight a current
- Swim sober
- Leash your board
- Don't float where you can't swim
- Wear life jackets when boating
- Don't dive headfirst, protect your neck
- Remember, at home you are the lifeguard

If you are interested in having a lifeguard give a presentation on beach and water safety to your club, classroom, church, or community group, please call 619-522-7346.

## ANIMAL LICENSING

The Coronado Animal Care Facility is located at 1395 First Street and the hours of operation are between 9:00am and 4:00pm - 7 days a week. The Animal Care Facility is closed on holidays. You can always contact them during business hours at (619) 522-7371 and after hours through the Coronado Police Department Communications Center at (619) 522-7350.

Coronado Animal Services provides stray and nuisance animal pick-up, acceptance of lost and relinquished animals, assistance for injured and sick stray animals, control of biting, vicious or threatening animals, barking dog complaints, animal cruelty, fighting animals, animals in hot cars, lost and found assistance and dog licensing.

### For your enjoyment and the enjoyment of others:

- Dogs must be on a leash.
- Only in designated areas of North Beach and South Cays Park, dogs are permitted off leash on voice command.
- Defecation must immediately be placed in a closable container and deposited in a trash receptacle.
- Dogs and cats must be licensed when they are 4 months old and within 30 days of being in the City of Coronado.
- A license must be on dogs and cats at all times.
- Dogs must have current rabies vaccination.

Please call Coronado Animal Care Facility at 619-522-7371 for animal licensing fees.



# CORONADO SPORTS ORGANIZATIONS



The City of Coronado has several organizations that run sport leagues and activities throughout the year. Anyone who is interested can be part of these leagues. There are certain age requirements and criteria but otherwise, anyone is welcome to join.

## Coronado Youth Soccer League

Coronado Youth Soccer has two recreational seasons (Spring/Fall) (Ages 4-12) and a Select season (Ages 6-18) from June - December. Select season tryouts for all ages and for more information visit Coronado Youth Soccer's website at [www.nadosoccer.com](http://www.nadosoccer.com)



## Coronado Little League & T-Ball

The Coronado Little League program offers Coronado youngsters ages 5-16 a chance to play baseball. Players must reside in Coronado according to Little League Inc. regulations. The season begins in February and ends in July. For more information, email Kristen Guymon, [KGuymonCLL@gmail.com](mailto:KGuymonCLL@gmail.com), Coronado Little League Registrar or visit Coronado Little League's website at: [www.coronadolittleleague.net](http://www.coronadolittleleague.net).



## Coronado Pop Warner

The Coronado Pop Warner Youth Football & Cheer league offers a chance to play football and to cheer for Coronado youngsters, ages 6-15.

The season begins in August and goes through November. Visit [www.coronadopopwarner.com](http://www.coronadopopwarner.com) For more information, call Erin Everett at (619) 890-8791.

## Coronado Girls Fast Pitch Softball

Coronado Girls Fast Pitch Softball is an ASA affiliated program for girls ages 5-14, which offers a fun and competitive environment for girls to learn and improve their softball skills. There is no residency requirement. Volunteers are always needed: managers, coaches and team parents. Games are played in Coronado and around San Diego county. The season begins in February and ends in May. For more information call Jason Smith at (619) 865-6130 or visit the website at: [www.coronadyouthsoftball.com](http://www.coronadyouthsoftball.com)

## CMA Coronado Masters Association

A swim club for adults ages 18 and over whose purpose is to enhance members' physical, general fitness and health through a program of regular swimming workouts, meet competitions, open-water swims and rejuvenating social events.

Contacts: Pete Toennies, President, 619-435-3543, [Pete.Toennies@gmail.com](mailto:Pete.Toennies@gmail.com)  
Dave Lamott, Treasurer, 619-222-3436, [dlamott1@cox.net](mailto:dlamott1@cox.net)  
[www.eteamz.com/cmawimmers](http://www.eteamz.com/cmawimmers)

## CSA Coronado Navy Swim Association

CSA, formerly CNSA, is Coronado's only sanctioned USA Swim team and has been serving the community for over 50 years. CSA is led by Coach Emmett Walling and a professional staff of experienced coaches with the goal of preparing the swimmers for all levels of competition ages 5-18. The CSA program teaches all of the competitive strokes that prepare swimmers for high school, college and beyond. The club trains year round, six days per week at the BBMAC swim complex. New swimmer evaluations are free of charge and held Tuesdays at 4:15pm at the BBMAC located on Coronado high school campus (818 Sixth Street). CSA also hosts the Annual July 4th Coronado Rough Water Swim. Members in CSA are able to compete in a wide range of age group swim meets held though out the year. These meets feature competition in all age and ability groups. The swim seasons culminate in the long and short course Junior Olympics swim meets. For information [WWW.SwimCNSA.org](http://WWW.SwimCNSA.org)

## Coronado Tennis Association

Coronado residents are invited to become members of the Coronado Tennis Association (CTA). Membership includes the opportunity to participate in the following events held throughout the year:

- Women's Ladder.....Mondays at 11:00am @ CTC
- Men's Ladder.....every Saturday afternoon @ CTC
- Ladies Round
- Robin.....every Friday morning @ Cays
- Social Mixers/  
mixed doubles..... 4th Sunday of each month @ CTC
- Team Tennis.....every Saturday @ CTC
- Tournaments for Juniors and Adults:  
contact CTA President Jennie Portelli 619-437-4348
- Leagues:**  
contact Mary Ann McCauley 619-371-3917
- Membership:**  
contact Vivan McAnally 619-876-0066

*"Do you know what my favorite part of the game is? The opportunity to play." Mike Singletary*

# CORONADO LIBRARY

640 Orange Avenue  
(619) 522-7390  
<http://coronado.lib.ca.us>



## Hours:

Mon. - Thurs.: 10:00am to 9:00pm  
Fri. & Sat.: 10:00am to 6:00pm  
Sun.: 1:00pm to 5:00pm

## WINTER/SPRING 2017

The Library provides a wide array of programs for people of all ages.

## Children's Annual Programs

Several annual programs are held all through the year. They include plays by the Junior Volunteers, Pooh Day, the Mother Daughter Tea, Father and Son Huck Finn Day, the Halloween Party, the Kid's New Years Party and many others.

**Children's Craft programs** are held on Tuesdays at 3pm in the Ruby Room. Check the library calendar for dates and projects. Crafts include holiday celebrations, puppetry and story themed projects.

**Teen Events** held on Wednesdays at 2:30pm (6th - 12th graders) include: Games and Grub (board games and snacks), movies, video games (x-box & Wii), crafts and much more. The first Monday of the month is a high school only program at 4pm featuring a variety of themes.

**The Teen book club** is held at 3:30pm the first Tuesday of the month and the Teen Advisory Board meets at 3:30pm on the last Tuesday of the month. Check the library calendar for program details.

**Junior Volunteers Club** (6th grade and older) meets each Thursday at 3:15pm during the school year. The club members put on plays for younger children and help with children's programs.

**Story Hour** for children is offered on Tuesday and Friday mornings weekly. Toddler time starts at 10:10am. Preschool time starts at 10:45am. Both story times are held in the Ruby Room. Spanish Story hour is held every Thursday at 10:10 in the Ruby Room. For details on any Library program please see their Website at <http://coronado.lib.ca.us> or pick up a calendar at the Library.

# CORONADO MUNICIPAL GOLF COURSE



2000 Visalia Row  
Coronado, CA 92118  
Reservations or Pro Shop:  
619-435-3121 ext. 1  
[www.golfcoronado.com](http://www.golfcoronado.com)



**Heather King** [golfcoronado@sbcglobal.net](mailto:golfcoronado@sbcglobal.net)  
Tournament Play 619-435-8129 Ext. 3

**Dorene Bailey** [dorene@coronadobayside.com](mailto:dorene@coronadobayside.com)  
Special Events/  
Banquets:

**Mark Fernando** [underpar@san.rr.com](mailto:underpar@san.rr.com)  
Director of 858-705-0641  
Instruction:

## YOUTH GOLF PROGRAMS



Various programs for ages 6-14 are available, including after school, playing program, and summer camps. After School Program is year round, every Wednesday & Thursday classes are from 3:30-4:30pm. For information on Youth Golf Programs please contact Mark Fernando, PGA Director of Instruction at the Coronado Golf Course at 858-705-0641 or [www.golfcoronado.com](http://www.golfcoronado.com).

## WOMEN GROUP LESSONS

Monday 12:30pm  
Thursday 12:30pm  
One Hour Each Class  
Starting August 22nd and ending October 27th  
Classes \$30 per Person  
No Experience or Clubs needed  
Basic Golf fundamentals of swing, chipping and putting instruction  
Rules and etiquette

To Reserve please call or email Heather King, PGA Directly 619-261-9940  
[heatherwilson@live.com](mailto:heatherwilson@live.com)



# SPRECKELS CENTER

1019 Seventh Street  
 Coronado, CA 92118  
 (619) 522-7343

*John D. Spreckels Center  
 & Bowling Green*



## Spreckels Center Regular Hours of Operation:

<b>Mon. - Fri.</b>	<b>9am-5pm</b>
<b>Sat.</b>	<b>9am-2pm</b>
<b>Sun.</b>	<b>closed</b>

The John D. Spreckels Center and Bowling Green project reflects a four-year process involving significant public input to determine the elements of a facility that will serve a vibrant Coronado 50-plus citizenry long into the future. The 9,010-square-foot Spreckels Center is adjacent to the Coronado Public Library and Coronado Police facility, and across from Spreckels Park.

The Spreckels Center, owned and operated by the City of Coronado, will offer a wide variety of programs and services including health, fitness and wellness programs, volunteer and civic engagement opportunities, educational and arts programs, and intergenerational programs beginning in February.

Designed by Architect Robert Coffee, the project engages Spreckels Park on one side and the lawn bowling green on the other and brings both into the facility by way of an open floor plan and large windows. Centrally located in the community with easy access for patrons, the building materials have been selected with a sensitivity towards using natural finishes.

The City Council directed that the building be LEED-certified and staff expects it will be awarded a LEED Silver designation. The facility has Wi-Fi, and informational display panels for daily and weekly programs. It has a large multipurpose room, which accommodates large gatherings for popular programming as well as smaller spaces dedicated to specific programs and activities such as art and enrichment classes. A catering kitchen and two dedicated outdoor living and patio areas make this new home for Coronado residents the perfect gathering spot. Swing on by to “discover what is inside.”



1019 Seventh Street  
Coronado, CA 92118  
(619) 435-2616

[www.coronadoseniorassociation.org](http://www.coronadoseniorassociation.org)

The Coronado Senior Association provides activities for adults 50+ in a place to meet old and new friends and to enjoy a variety of activities that are free or offered at moderate costs. Join us Monday through Friday from 9am-4:30pm in the new John D. Spreckels Center and Bowling Green, to socialize, play games or cards, shoot some pool, and relax in a friendly atmosphere.

With the exception of Bingo, there is a fee per activity if you are not a member of the Coronado Senior Association. A \$40 annual membership to the Coronado Senior Association is available for all seniors 50+, regardless whether or not they are residents of the City of Coronado.

The Senior Association programs will be dark December 17, 2016 through January 31, 2017 as we make our move and get settled into our wonderful new facility.

## **WEEKLY ACTIVITIES & PROGRAMS**

### **CURRENT EVENTS**

**Mondays 9am-11:30am**

Participate in informal discussions of international, national and local current events. Let's hear your opinions!

### **BINGO**

**Mondays 12:30pm-3:30pm (Ages 18+)**

Enjoy the fun and excitement of playing Bingo and compete for cash prizes for a fee and try to win our big jackpot.

### **PINOCHLE**

**Mondays, Wednesdays 11:30am-4:30pm  
and Saturdays 9:30am-1:30pm**

Come and play this popular card game with our fun-loving (and occasionally rambunctious) "P-knuckle-heads". Whether you are a novice or a pinochle pro, you are certain to enjoy a laughter filled afternoon.

### **ADVANCED MONDAY BRIDGE**

**Mondays 10:30am-3pm**

A Monday version of Advanced Party Bridge. It is not necessary to bring a partner. You must know how to play this game to participate.

### **CREATIVE WRITING CLASS**

**Tuesdays 9:15am-12pm**

Come join our creative writing class for a fee paid per session. It is instructional, practical and entertaining as well.

### **ADVANCED PARTY BRIDGE**

**Tuesdays and Thursdays 12:30pm-4pm**

Play this popular form of bridge. It is not necessary to bring a partner. You must know how to play this game to participate.

### **CRAFT CLASS**

**1st Wednesday 9:30am-12pm**

Join us to make a fun craft project for a modest fee for materials.

### **WARM UP AMERICA**

**3rd Wednesday 10am-11:30am**

This fun group of knitting ladies knits items for charitable causes.

### **WESTERN MAH JONG**

**9:30am-2:30pm**

Play this fun tile game or learn to play when we offer lessons.

### **MEXICAN TRAIN, CANASTA & MAH JONG Thursday 1-4PM**

An entertaining afternoon is guaranteed with one or more of these games. Mah-Jong is "American" style using cards which change annually.

### **LEGAL APPOINTMENTS**

**3rd Thursday 3pm-4pm**

Available to members of the Coronado Senior Assn. only. Call 435-2616 to schedule an appointment.

### **CHAIR YOGA**

**Fridays 10:30-11:15am**

Free for members only. Visitors can try the class without a fee for one time, then must join the association to continue participating.

**DUPLICATE BRIDGE**

**Fridays 1pm-4:30pm**

Non-sanctioned, "friendly, low key". Partner required. \

**FILM FORUM MATINÉE**

**Fridays 1:30pm-4:00pm**

Screenings held on the second and fourth Friday. See well known favorites and some relatively unknown treats and learn about movies and offer your opinion in a lively discussion after the movie, if you wish.

**Coronado Senior Association, Inc.**

Membership is available on either an annual or seasonal basis for all seniors 50+, regardless whether or not they are residents of the City of Coronado. We are a non-profit 501 (c)(3) organization under state law and donations to the association are tax-deductible.

Benefits of membership include discounts on lunches and breakfasts, monthly schedule of activities and having a voice in running the association by participating in elections and being eligible to serve on our board.

For more information contact Linda Ferguson or Rick Burnett at 619-435-2616.



**LAWN BOWLING**

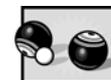


**1019 Seventh Street  
Coronado, CA 92118  
(619) 319-5509**

**[www.coronadolawnbowling.com](http://www.coronadolawnbowling.com)**

The John D. Spreckels Lawn Bowling Green is open to all for lawn bowling use only. Individual and class lessons are available from the Coronado Lawn Bowling Club. Participants must be 16 years of age unless accompanied by bowling parents; first time participants may receive a free lesson and use of Club equipment. For the scheduled times of games, lessons, instruction and other events call Berie Grobe at (619) 319-5509.

**CORONADO LAWN BOWLING CLUB**



One of 33 such clubs in Southern California the Coronado Club dates back to 1935. The Club offers regularly scheduled draw games, set-up games, tournaments and visitations with lessons and participation for all. Lawn Bowling is a game of finesse and strategy offering to both sexes and all ages healthy exercise and comradeship.

For additional information, call Berie Grobe at (619) 319-5509.





A Transportation  
Option for Coronado  
Residents 60+



For more information or to become a  
volunteer driver or rider go to:  
[www.coronado.ca.us/outandabout](http://www.coronado.ca.us/outandabout)  
or call Coronado Recreation Services  
at (619) 522-6302

Did you know that some of your Coronado friends and neighbors have found themselves in need of a ride? People like the retired teacher, making a weekly grocery trip; your grandfather, for his physical therapy; or your neighbor, who at 80 still rides his bike around town, but can't get to the theater in San Diego to watch his favorite play. Folks with places to go and people to see. What they all have in common is limited or no access to transportation.

**This is why the City of Coronado created the Coronado Seniors Out & About program.** With the senior population (age 60+) in San Diego County projected to increase by 29% from 2013 to 2020, the City is responding to help meet their transportation needs by providing this new volunteer driver program. If you are an adult 60+ who is still driving and lives in Coronado or San Diego and have a desire to help other Coronado residents 60+ with their transportation needs, becoming a Volunteer Driver may be your calling.



**Coronado Seniors Out & About** is a volunteer driver program that provides scheduled rides for a nominal fee (\$1 - \$4 depending on the distance traveled) to residents 60+. The rides are provided to medical/health related offices, grocery stores, banks, events, activity centers, barber/beauty shops and more. Rides are provided both locally and into San Diego, up to 25 miles.

Coronado Seniors Out and About Program is supported by SANDAG as part of the TransNet Senior Mini-Grant Program. This project supports strategies of the Coordinated Plan, the regional strategy to provide travel accommodations to recognized transportation disadvantaged groups including seniors, individuals with disabilities, and persons with limited means.



*We Create Community Through People, Parks and Programs!*

**CORONADO SENIORS • OUT & ABOUT**

# TENNIS



Tennis Programs in Coronado include beginning through advanced instruction for juniors and adults, league play, ladder and round robin events, social events, workshops and tournaments. Programs are provided through the Coronado Recreation Services Department and the Coronado Tennis Association. Courts are available for drop-in play or advanced reservation. Registration for classes and activities can be completed at the Coronado Tennis Center or online at [www.coronado.ca.us/recreation](http://www.coronado.ca.us/recreation) (Recreation Class Registration.)

## Tennis Court Locations:

### Coronado High School

555 D Ave.  
4 courts, all lighted

### Coronado Library Courts

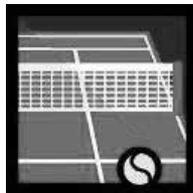
1014 6th St.  
2 courts, all lighted

### Coronado Cays Courts

Coronado Cays Blvd.  
5 courts, 4 lighted

### City of Coronado Tennis Center

1501 Glorietta Blvd.  
8 courts, 3 lighted



## CITY OF CORONADO TENNIS CENTER

### 1501 Glorietta Blvd.

For information call 522-2650

The Coronado Tennis Center has 8 public courts and offers private and group instruction. Clinics for children and adults are presently on-going with open enrollment. Ball machine rental is available through the scheduling office. Private lessons and clinics will be scheduled by appointment. Westwood Sports Coronado Tennis shop located at the Coronado Tennis Center offers racket stringing and a complete line of tennis merchandise.

### Tennis Coordinator:

Sheryl Munning

### Tennis Professionals:

Laila Abdala	Derek Kelly
David Brummitt	Emmanuel Mensah
Bryan Conway	Joel Myers
Mario DiLonardo	Narelle Pettee
Angelica Gavaldon	Phil Hopkins

## JR TENNIS PROGRAMS

Registration for the Junior Tennis Program will be available at Coronado Tennis Center Scheduling Office. Call or stop by the Tennis Center to register. 619-522-2650.

Welcome to Coronado's Jr. Tennis Program. This program has been recognized as one of San Diego's premier Jr. Programs. Coronado's USPTA certified Pros have a passion for teaching high quality progressive tennis. Please visit our website at [coronadotenniscenter.com](http://coronadotenniscenter.com) to learn more about our programs. Daily rates available.

**Village Stars** This is an afterschool recreation program (on **Village Elementary playground**) giving kids an opportunity to experience the fun of tennis! The program will provide racquets, nets, balls and USPTA certified 10-and-under coach.

**Location: Village Elementary**

**Red Ball Ages 4-7** This class is the perfect introductory class for youngsters. Children will have fun learning on a 36' court utilizing a larger foam tennis ball while using an appropriately sized racquet. Movement skills, balance, coordination and basic stroke production.

**Orange Ball Ages 7-8 yrs.** This clinic is designed for the new and returning tennis player or a player who has advanced through the Red Court program. The Orange platform is played on a 60' tennis court that uses a low 50% compression tennis ball. Movement and stroke production are emphasized along with basic rallying skills.

**Green Ball Ages 8-10 yrs.** This clinic is designed for the new and returning tennis player. Students will be developing technical skills needed to play on the 78' court with a 75% compression ball. This includes stroke production, footwork and ball control skills.

### Junior Competition Yellow Ball

**Ages 11-18 yrs.** This clinic is designed for the new and returning tennis player. Program is designed to increase the level of play, improve player's consistency, shot selection and footwork.

**High Performance Ages 10-18** This class is by invitation only. It is for advanced players who have shown leadership through attitude, performance and commitment. The objective is to help players reach their full potential and maximize their results by increasing their fitness, technique and mental toughness.

## Nado cup - Monthly Coronado Junior Tournament

Does your child want to move up to play with the higher-level players? Have him or her challenge other teammates at our Monthly Coronado tennis tournament. Match-play and competition are very important parts of developing a successful tennis game. Two hours of matches with medals to the winners. Minimum of 8 kids required. Registration deadline is Friday at 5pm.

**Day:** One Saturday per month

**Time:** 2:30-4:30pm

**Fee:** \$20/\$15 per person



## February Junior Tennis Classes

<u><b>Mondays</b></u> Feb 6, 27 <b>NO CLASS Feb 13, 20</b>	<u><b>Tuesdays</b></u> Feb 7, 14, 21, 28	<u><b>Wednesdays</b></u> Feb 1, 8, 15, 22	<u><b>Thursdays</b></u> Feb 2, 9 16, 23	<u><b>Fridays</b></u> Feb 3, 10, 17, 24
	Village Tennis 1 <sup>st</sup> -3 <sup>rd</sup> grade 2:20-3:20 \$45/\$40 <b>Village Playground</b> Bar code: 15098		Village Tennis 1 <sup>st</sup> -3 <sup>rd</sup> grade 2:20-3:20 \$45/\$40 <b>Village Playground</b> Bar code: 15099	
Red Ball 4-5 yrs. 3:00-3:30 \$25/\$20 Bar code: 15035	Red Ball 4-5 yrs. 3:00-3:30 \$45/\$40 Bar code: 15044	Red Ball 4-5 yrs. 3:00-3:30 \$45/\$40 Bar code: 15049	Red Ball 4-5 yrs. 3:00-3:30 \$45/\$40 Bar code: 15050	Red Ball 4-5 yrs. 3:00-3:30 \$45/\$40 Bar code: 15051
Red Ball Ages 5-6 yrs. 3:30-4:30 \$45/\$40 Bar code: 15052	Red Ball Ages 5-6 yrs. 3:30-4:30 \$85/\$80 Bar code: 15053	Red Ball Ages 5-6 yrs. 3:30-4:30 \$85/\$80 Bar code: 15054	Red Ball Ages 5-6 yrs. 3:30-4:30 \$85/\$80 Bar code: 15057	Red Ball Ages 5-6 yrs. 3:30-4:30 \$85/\$80 Bar code: 15061
Orange Ball Ages 7-8 yrs. 3:30-4:30 \$45/\$40 Bar code: 15063	Orange Ball Ages 7-8 yrs. 3:30-4:30 \$85/\$80 Bar code: 15064	Orange Ball Ages 7-8 yrs. 3:30-4:30 \$85/\$80 Bar code: 15066	Orange Ball Ages 7-8 yrs. 3:30-4:30 \$85/\$80 Bar code: 15067	Orange Ball Ages 7-8 yrs. 3:30-4:30 \$85/\$80 Bar code: 15068
Green Ball Ages 8-10 yrs. 3:30-4:30 \$45/\$40 Bar code: 15071	Green Ball Ages 8-10 yrs. 3:30-4:30 \$85/\$80 Bar code: 15078	Green Ball Ages 8-10 yrs. 3:30-4:30 \$85/\$80 Bar code: 15079	Green Ball Ages 8-10 yrs. 3:30-4:30 \$85/\$80 Bar code: 15081	Green Ball Ages 8-10 yrs. 3:30-4:30 \$85/\$80 Bar code: 15084
Junior Competition Ages 11-18 yrs. <b>4:30-6:00</b> \$65/\$60 Bar code: 15086	Junior Competition Ages 11-18 yrs. <b>4:30-6:00</b> \$125/\$120 Bar code: 15087	Junior Competition Ages 11-18 yrs. <b>4:30-6:00</b> \$125/\$120 Bar code: 15088	Junior Competition Ages 11-18 yrs. <b>4:30-6:00</b> \$125/\$120 Bar code: 15089	
High Performance Ages 9-12 <b>6:00-7:30</b> \$110/\$100 invitation only	High Performance Ages 12-18 <b>6:00-7:30</b> \$155/\$150 invitation only	High Performance Ages 9-12 <b>6:00-7:30</b> \$155/\$150 invitation only	High Performance Ages 12-18 <b>6:00-7:30</b> \$155/\$150 invitation only	

Please visit our website at [coronado.ca.us](http://coronado.ca.us) for schedule changes and new additions.

## March Junior Tennis Classes

<b><u>Mondays</u></b> March 6, 13, 20 <b><u>NO CLASS Mar 27</u></b>	<b><u>Tuesdays</u></b> March 7, 14, 21 <b><u>NO CLASS Mar 28</u></b>	<b><u>Wednesdays</u></b> March 1, 8, 15, 22 <b><u>NO CLASS Mar 29</u></b>	<b><u>Thursdays</u></b> March 2, 9, 16, 23 <b><u>NO CLASS Mar 30</u></b>	<b><u>Fridays</u></b> March 3, 10, 17, 24 <b><u>NO CLASS Mar 31</u></b>
	Village Tennis 1 <sup>st</sup> -3 <sup>rd</sup> grade 2:20-3:20 \$35/\$30 <b><u>Village Playground</u></b> Bar code: 15000		Village Tennis 1 <sup>st</sup> -3 <sup>rd</sup> grade 2:20-3:20 \$45/\$40 <b><u>Village Playground</u></b> Bar code: 15001	
Red Ball 4-5 yrs. 3:00-3:30 \$35/\$30 Bar code: 15002	Red Ball 4-5 yrs. 3:00-3:30 \$35/\$30 Bar code: 15003	Red Ball 4-5 yrs. 3:00-3:30 \$45/\$40 Bar code: 15004	Red Ball 4-5 yrs. 3:00-3:30 \$45/\$40 Bar code: 15005	Red Ball 4-5 yrs. 3:00-3:30 \$45/\$40 Bar code: 15006
Red Ball Ages 5-6 yrs. 3:30-4:30 \$65/\$60 Bar code: 15007	Red Ball Ages 5-6 yrs. 3:30-4:30 \$65/\$60 Bar code: 15008	Red Ball Ages 5-6 yrs. 3:30-4:30 \$85/\$80 Bar code: 15009	Red Ball Ages 5-6 yrs. 3:30-4:30 \$85/\$80 Bar code: 150010	Red Ball Ages 5-6 yrs. 3:30-4:30 \$85/\$80 Bar code: 15011
Orange Ball Ages 7-8 yrs. 3:30-4:30 \$65/\$60 Bar code: 15032	Orange Ball Ages 7-8 yrs. 3:30-4:30 \$65/\$60 Bar code: 15033	Orange Ball Ages 7-8 yrs. 3:30-4:30 \$85/\$80 Bar code: 15034	Orange Ball Ages 7-8 yrs. 3:30-4:30 \$85/\$80 Bar code: 15036	Orange Ball Ages 7-8 yrs. 3:30-4:30 \$85/\$80 Bar code: 15037
Green Ball Ages 8-10 yrs. 3:30-4:30 \$65/\$60 Bar code: 15055	Green Ball Ages 8-10 yrs. 3:30-4:30 \$65/\$60 Bar code: 15056	Green Ball Ages 8-10 yrs. 3:30-4:30 \$85/\$80 Bar code: 15058	Green Ball Ages 8-10 yrs. 3:30-4:30 \$85/\$80 Bar code: 15059	Green Ball Ages 8-10 yrs. 3:30-4:30 \$85/\$80 Bar code: 15060
Junior Competition Ages 11-18 yrs. <b>4:30-6:00</b> \$95/\$90 Bar code: 15080	Junior Competition Ages 11-18 yrs. <b>4:30-6:00</b> \$95/\$90 Bar code: 15082	Junior Competition Ages 11-18 yrs. <b>4:30-6:00</b> \$125/\$120 Bar code: 15083	Junior Competition Ages 11-18 yrs. <b>4:30-6:00</b> \$125/\$120 Bar code: 15085	
High Performance Ages 9-12 <b>6:00-7:30</b> \$120/\$115 invitation only	High Performance Ages 12-18 <b>6:00-7:30</b> \$120/\$115 invitation only	High Performance Ages 9-12 <b>6:00-7:30</b> \$155/\$150 invitation only	High Performance Ages 11-18 <b>6:00-7:30</b> \$155/\$150 invitation only	

Please visit our website at [coronado.ca.us](http://coronado.ca.us) for schedule changes and new additions.



## April Junior Tennis Classes

<b><u>Mondays</u></b> April 3, 10, 24 <b><u>NO CLASS April 17</u></b>	<b><u>Tuesdays</u></b> April 4, 11, 18, 25	<b><u>Wednesdays</u></b> April 5, 12, 19, 26	<b><u>Thursdays</u></b> April 6, 13, 20, 27	<b><u>Fridays</u></b> April 7, 21, 28 <b><u>NO CLASS Apr 14</u></b>
	Village Tennis 1 <sup>st</sup> -3 <sup>rd</sup> grade 2:20-3:20 \$45/\$40 <b><u>Village Playground</u></b> Bar code: 15100		Village Tennis 1 <sup>st</sup> -3 <sup>rd</sup> grade 2:20-3:20 \$45/\$40 <b><u>Village Playground</u></b> Bar code: 15101	
Red Ball 4-5 yrs. 3:00-3:30 \$35/\$30 Bar code: 15012	Red Ball 4-5 yrs. 3:00-3:30 \$45/\$40 Bar code: 15013	Red Ball 4-5 yrs. 3:00-3:30 \$45/\$40 Bar code: 15014	Red Ball 4-5 yrs. 3:00-3:30 \$45/\$40 Bar code: 15015	Red Ball 4-5 yrs. 3:00-3:30 \$35/\$30 Bar code: 15016
Red Ball Ages 5-6 yrs. 3:30-4:30 \$65/\$60 Bar code: 15017	Red Ball Ages 5-6 yrs. 3:30-4:30 \$85/\$80 Bar code: 15018	Red Ball Ages 5-6 yrs. 3:30-4:30 \$85/\$80 Bar code: 15019	Red Ball Ages 5-6 yrs. 3:30-4:30 \$85/\$80 Bar code: 15020	Red Ball Ages 5-6 yrs. 3:30-4:30 \$65/\$60 Bar code: 15021
Orange Ball Ages 7-8 yrs. 3:30-4:30 \$65/\$60 Bar code: 15038	Orange Ball Ages 7-8 yrs. 3:30-4:30 \$85/\$80 Bar code: 15039	Orange Ball Ages 7-8 yrs. 3:30-4:30 \$85/\$80 Bar code: 15040	Orange Ball Ages 7-8 yrs. 3:30-4:30 \$85/\$80 Bar code: 15041	Orange Ball Ages 7-8 yrs. 3:30-4:30 \$65/\$60 Bar code: 15042
Green Ball Ages 8-10 yrs. 3:30-4:30 \$65/\$60 Bar code: 15062	Green Ball Ages 8-10 yrs. 3:30-4:30 \$85/\$80 Bar code: 15065	Green Ball Ages 8-10 yrs. 3:30-4:30 \$85/\$80 Bar code: 15069	Green Ball Ages 8-10 yrs. 3:30-4:30 \$85/\$80 Bar code: 15070	Green Ball Ages 8-10 yrs. 3:30-4:30 \$65/\$60 Bar code: 15072
Junior Competition Ages 11-18 yrs. 4:30-6:30 \$125/\$120 Bar code: 15090	Junior Competition Ages 11-18 yrs. 4:30-6:30 \$165/\$160 Bar code: 15091	Junior Competition Ages 11-18 yrs. 4:30-6:30 \$165/\$160 Bar code: 15092	Junior Competition Ages 11-18 yrs. 4:30-6:30 \$165/\$160 Bar code: 15093	
High Performance Ages 9-12 4:30-6:30 \$160/\$150 invitation only	High Performance Ages 12-18 4:30-6:30 \$210/\$200 invitation only	High Performance Ages 9-12 4:30-6:30 \$210/\$200 invitation only	High Performance Ages 12-18 4:30-6:30 \$210/\$200 invitation only	

Please visit our website at [coronado.ca.us](http://coronado.ca.us) for schedule changes and new additions.



## May Junior Tennis Classes

<b><u>Mondays</u></b> May 1, 8, 15, 22 <b>NO CLASS May 29</b>	<b><u>Tuesdays</u></b> May 2, 9, 16, 23, 30	<b><u>Wednesdays</u></b> May 3, 10, 17, 24, 31	<b><u>Thursdays</u></b> May 4, 11, 18, 25 June 1	<b><u>Fridays</u></b> May 5, 12, 19, 26 June 2
	Village Tennis 1 <sup>st</sup> -3 <sup>rd</sup> grade 2:20-3:20 \$55/\$50 <b><u>Village Playground</u></b> Bar code: 15102		Village Tennis 1 <sup>st</sup> -3 <sup>rd</sup> grade 2:20-3:20 \$55/\$50 <b><u>Village Playground</u></b> Bar code: 15103	
Red Ball 4-5 yrs. 3:00-3:30 \$45/\$40 Bar code: 15022	Red Ball 4-5 yrs. 3:00-3:30 \$55/\$50 Bar code: 15023	Red Ball 4-5 yrs. 3:00-3:30 \$55/\$50 Bar code: 15024	Red Ball 4-5 yrs. 3:00-3:30 \$55/\$50 Bar code: 15025	Red Ball 4-5 yrs. 3:00-3:30 \$55/\$50 Bar code: 15026
Red Ball Ages 5-6 yrs. 3:30-4:30 \$85/\$80 Bar code: 15027	Red Ball Ages 5-6 yrs. 3:30-4:30 \$110/\$100 Bar code: 15028	Red Ball Ages 5-6 yrs. 3:30-4:30 \$110/\$100 Bar code: 15029	Red Ball Ages 5-6 yrs. 3:30-4:30 \$110/\$100 Bar code: 15030	Red Ball Ages 5-6 yrs. 3:30-4:30 \$110/\$100 Bar code: 15031
Orange Ball Ages 7-8 yrs. 3:30-4:30 \$85/\$80 Bar code: 15043	Orange Ball Ages 7-8 yrs. 3:30-4:30 \$110/\$100 Bar code: 15045	Orange Ball Ages 7-8 yrs. 3:30-4:30 \$110/\$100 Bar code: 15046	Orange Ball Ages 7-8 yrs. 3:30-4:30 \$110/\$100 Bar code: 15047	Orange Ball Ages 7-8 yrs. 3:30-4:30 \$110/\$100 Bar code: 15048
Green Ball Ages 8-10 yrs. 3:30-4:30 \$85/\$80 Bar code: 15073	Green Ball Ages 8-10 yrs. 3:30-4:30 \$110/\$100 Bar code: 15074	Green Ball Ages 8-10 yrs. 3:30-4:30 \$110/\$100 Bar code: 15075	Green Ball Ages 8-10 yrs. 3:30-4:30 \$110/\$100 Bar code: 15076	Green Ball Ages 8-10 yrs. 3:30-4:30 \$110/\$100 Bar code: 15077
Junior Competition Ages 11-18 yrs. 4:30-6:30 \$165/\$160 Bar code: 15094	Junior Competition Ages 11-18 yrs. 4:30-6:30 \$210/\$200 Bar code: 15095	Junior Competition Ages 11-18 yrs. 4:30-6:30 \$210/\$200 Bar code: 15096	Junior Competition Ages 11-18 yrs. 4:30-6:30 \$210/\$200 Bar code: 15097	
High Performance Ages 9-12 4:30-6:30 \$210/\$200 invitation only	High Performance Ages 11-18 4:30-6:30 \$235/\$225 invitation only	High Performance Ages 9-12 4:30-6:30 \$235/\$225 invitation only	High Performance Ages 11-18 4:30-6:30 \$235/\$225 invitation only	

Please visit our website at [coronado.ca.us](http://coronado.ca.us) for schedule changes and new additions.



*We Create Community Through People, Parks and Programs!*

# ADULT TENNIS PROGRAMS

## MORNING DRILL

This is an intense, vigorous workout with instruction for Advanced Beginners through Intermediate players. Singles and Doubles play strategies. 4 to 8 players in each class.

**Day:** Monday through Saturday

**Age:** 18+ years

**Time:** 8:30-9:30am

**Fee:** \$22/\$20

## CARDIO TENNIS

Tired of the Gym? Cardio tennis is a great cardio workout for people of all ages and abilities. This is a high energy fitness activity that combines cardio vascular exercise with calorie burning aerobic workout. The purpose is to train in your zones, burn calories, and train for tennis. Heart monitors are available for each workout. Minimum of 4 pre-registered to have class.

**Day:** Sundays

**Time:** 8:00-9:00am

**Age:** 14+ years

**Fee:** \$22/\$20

## MONDAY NIGHT DRILL WITH PHIL

This is an aerobic workout. Half-hour drills and then point play with continuous movement. A minimum of 4 to a maximum of 8 players in each class. First 8 to register and pay for each class are in. Please sign up in advance so the instructor knows if we have the minimum required to hold the class. Instructor is Phil Hopkins.

**Level:** Beginner/Adv. Beginner 2.0 to 3.0

**Day:** Monday

**Time:** 7:00-8:30pm

**Age:** 18+ years

**Fee:** \$22/\$20

## WEDNESDAY NIGHT DRILL WITH PHIL

**Level:** Intermediate to Advanced 3.5 and up

**Day:** Wednesday

**Time:** 7:00-8:30pm

**Age:** 18+ years

**Fee:** \$22/\$20

## PICKLEBALL

Pickleball is a combination of tennis, badminton, ping pong and racquetball and also one of the fastest growing sports. Pickleball is played on a badminton size court, a 3-foot net, whiffle ball and paddle. Beginners welcome. Paddles provided.

**Fee:** \$4/\$3

<u>Day</u>	<u>Location</u>	<u>Time</u>	<u>Age</u>
Sat.	Coronado High School	2:00-6:00pm	18+
Wed.	Coronado High School	6:30-8:45pm	18+
Thur.	Community Center	12:00-3:00pm	18+

(Until April 27)

Monthly Pickleball clinics for beginners.

Call for more information 619-522-2650.



# CORONADO BOATHOUSE

1985 Strand Way

619-522-2655

[www.coronado.ca.us/paddle](http://www.coronado.ca.us/paddle)



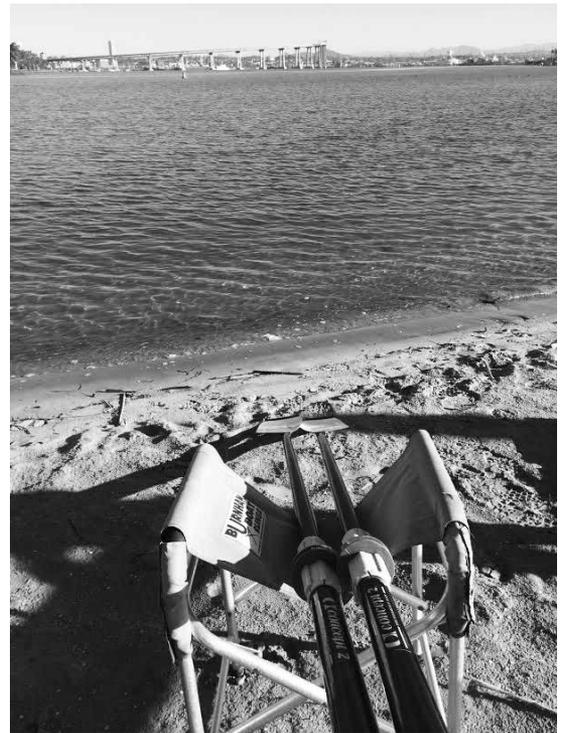
Come down and check out the Coronado Boathouse, located in Glorietta Bay Park! This waterfront facility offers instructional classes for stand up paddle boarding, rowing, and kayaking. Private vessel storage is also available for non-motorized paddle craft. Paddling equipment is offered for rent from the Boathouse location and includes stand up paddle boards, single kayaks, tandem kayaks, and rowing shells. Get outside and have some fun on beautiful Glorietta Bay!

## BOATHOUSE HOURS

### WINTER/SPRING 2017

**January 1 - May 28, 2017**

**Saturdays/Sundays 7:00am-5:00pm**  
**Monday - Friday 7:00am-10:00am**  
**2:00pm-5:00pm**



*Like Us on Facebook at City of Coronado Recreation Services.*

## BOATHOUSE MEMBERSHIP

Access to vessel rinse station, outdoor warm shower, day-use lockers, and rowing machines.

### Fee:

Single \$25.00 year  
Family \$35.00 year

## PADDLERS PUNCH PASS

Best bang for your buck! Eight hours of stand up paddle board, kayak, and/or rowing shell use. Boat-house Membership included.

**Fee:** \$100.00 for 8 punches (1 punch = 1 hour)

## PADDLERS PUNCH PASS - ADVANCED

Includes 1 hour lesson with PaddleFit working on rescues and proper paddling technique and 8 punches (1 punch = 1 hour). This punch pass will allow you - after you've completed the lesson - to take out more advanced equipment; more advanced boards with lighter paddles and a waste-pack.

**Fee:** \$150

## ANNUAL PASS/QUARTERLY PASS (non transferable)

Designed for the paddling enthusiast who wants to take advantage of paddling in the bay without the hassle of equipment transportation, maintenance, and storage. Fee includes use of stand up paddle boards, kayaks or rowing shells.

**Fee: Annual Pass:** \$450.00  
(365 days from date of purchase)

**Quarterly Pass:** \$112.50  
(92 days from date of purchase)

**Note:** Equipment is only available during equipment rental hours and may not always be available due to rentals and program classes. Must complete general Boathouse Safety Orientation prior to equipment use and rowing skills must be assessed and verified prior to use of rowing shells. Equipment is only available to use from the Boathouse location.

## VESSEL RENTAL FEES

**Vessel:** \_\_\_\_\_ **Fee:** \_\_\_\_\_

Single Kayak \$20/1 hr  
\$30/2 hrs \$55/4 hrs  
\$75/day

Tandem Kayak \$30/1 hr  
\$40/2 hrs \$70/4 hrs  
\$90/day

Stand Up Paddle Board \$25/1 hr  
\$35/2 hrs \$60/4 hrs  
\$80/day

Single Rowing Shell \$35/1 hr  
\$45/2 hrs \$75/4 hrs  
\$95/day

**Vessel Rental Deposit Required:** \$100.00

## EQUIPMENT STORAGE

Applications for non-motorized paddling vessels are available at the Boathouse, or at [www.coronado.ca.us/paddle](http://www.coronado.ca.us/paddle).

Space is limited, applications may be placed on a waitlist for one year.

### Outdoor Storage

\$35/month  
\$385/year

### Indoor Storage

\$50/month  
\$550/year

**Security Deposit Required:** \$250.00

# INSTRUCTIONAL CLASSES

## PRIVATE ROWING LESSONS



Perfect for any rower who would like personalized training that focuses on proper technique and injury prevention. These lessons are designed to help beginner, intermediate, and advanced rowers build their technique to gain speed on the water while protecting their bodies from common rowing injuries. These lessons guide the rower from using the basic movements to turning their recreational row into a fun, full-body workout!

**Time:** Approx. 2 hours, by appointment only.  
E-mail [rowing@coronado.ca.us](mailto:rowing@coronado.ca.us) to set up a time/date

**Age:** 13 and up

**Fee:** \$55

## TEEN LEARN TO ROW WEEKENDS



A great opportunity for young adults to get introduced to the sport of rowing! Topics will include rowing stroke technique on a rowing machine, boating safety, and rowing equipment. Participants will have the opportunity to get on the water in a single rowing shell and will receive coaching on proper rowing technique.

**Dates:** TBD

**Days:** Saturday & Sunday

**Times:** 8:30am-10:30am

**Age:** 13-18 years



# STAND UP PADDLE PADDLE CLASSES

All SUP (Stand Up Paddle) classes are provided by PaddleFit. To Register for SUP Classes please contact PaddleFit at 619-333-0787 or email [Kevin@paddlefitpro.com](mailto:Kevin@paddlefitpro.com)

Up-to-date class schedule and information:

<http://www.paddlefitpro.com/classes/>

You must pre-register for all classes 24 hours in advance.

## GROUP INTRODUCTION TO STAND UP PADDLING



Come check out the fastest growing sport of stand up paddling. Our introductory class will focus on teaching you the fundamentals of the sport of stand up paddling in a fun and safe manner. No experience is required other than the ability to swim and be comfortable in the bay.

**Schedule:** [www.paddlefitpro.com/classes](http://www.paddlefitpro.com/classes)

**Age:** 16 and up

**Fee:** \$60

To register for class please contact PaddleFit at 619-333-0787 or email [Kevin@paddlefitpro.com](mailto:Kevin@paddlefitpro.com)

## SUP PRIVATE LESSONS



Our private lessons allow us to tailor the learning experience to your skill set and schedule. Whether you want to learn the basics or want to learn advanced technique, our PaddleFit Certified coaches will help you on your paddling journey.

**Time:** 1.5 hours, by Appointment only

**Fee:** \$100 per person

To register for class please contact PaddleFit at 619-333-0787 or email [Kevin@paddlefitpro.com](mailto:Kevin@paddlefitpro.com)



## SUP FITNESS CLASSES



Our SUP fitness classes incorporate SUP skills with interval training as well as land-based strength exercises. Elevating your heart rate combined with strength exercises will have you feeling the positive effects long after the class is over. The class is for those who have some paddle experience.

**Schedule:** [www.paddlefitpro.com/classes](http://www.paddlefitpro.com/classes)

**Time:** 1 hour

Classes are held Monday, Wednesday and Friday mornings 7:00am.  
Tuesday and Thursday 5:30pm

**Age:** 16 and up

**Fee:** \$35 (includes all equipment)

To register for class please contact PaddleFit at 619-333-0787 or email [Kevin@paddlefitpro.com](mailto:Kevin@paddlefitpro.com)

## SUP FITNESS PUNCH PASS



Make SUP fitness a part of your lifestyle! The SUP fitness punch pass is available to use for SUP fitness classes and SUP yoga classes. Paddling equipment is included. Save money and get fit!

**Schedule:** [www.paddlefitpro.com/classes](http://www.paddlefitpro.com/classes)

**Age:** 16 and up

**Fee:** \$250/10 classes

To register for class please contact PaddleFit at 619-333-0787 or email [Kevin@paddlefitpro.com](mailto:Kevin@paddlefitpro.com)



## SPRING BREAK SUP CAMP



Come enjoy Stand Up Paddling on beautiful Glorieta Bay! Get your kids involved in the fastest growing sport in the world. This camp is designed for 8 to 14 year olds, with an emphasis on building a foundation on proper fundamentals, water safety, and fun through races, games, and other adventures. Children should be comfortable in the water and have swimming experience.

**Where:** Coronado Club Room and Boathouse

**What to bring:**

Campers need to bring a snack, beverage, sunscreen, swimsuit, hat, towel and extra change of clothes.

**Time:** 9:00am - 12:00pm

**Age:** 8-14 years

**Fee:** \$110/\$100 Resident Discount

Dates	Bar code
T, W, TH March 28-30	15104



CORONADO BOATHOUSE

*If there is magic on this planet, it is contained in water - Loren Eiseley*

**ADVENTURES IN  
PADDLING  
(San Diego Canoe & Kayak Team)**



Come have fun in the sun with our adventure Olympic Sprint Kayak and Stand Up Paddling Class! Youth will be taught water safety, beginning and advanced paddling skills on Stand Up Paddleboards and Kayaks, ranging from trainer kayaks to Olympic Sprint Kayaks. Many different skill levels can be accommodated in this class, whether you are a beginner or have some paddling experience. Come down and enjoy Glorietta Bay while learning a new skill!

**Where:**

Club Room and Boathouse – 1985 Strand Way

**What to bring:**

Clothes that can get wet, water, towel, sunscreen, hat, and a change of clothes. Bring your own lifejacket, if you don't have one we will provide one for you.

**Session One:**

**Dates:** February 21 - March 21  
**Day:** Tuesdays  
**Time:** 3:30pm-5:30pm  
**Age:** 7-14 years  
**Fees:** \$120/\$100 Resident Discount  
**Bar code:** 15106

**Session Two:**

**Dates:** April 4 - May 9  
**Day:** Tuesdays  
**Time:** 3:30pm-5:30pm  
**Age:** 7-14 years  
**Fees:** \$140/\$120 Resident Discount  
**Bar code:** 15107



**BOATHOUSE  
COMMUNITY  
EVENTS**



**FULL MOON GROUP PADDLE**

Paddle by the light of the moon! Join us for an adventure on the bay during the full moon, and stay for s'mores roasted around the fire. A warm change of clothes and headlamp are recommended. Please register at least 1 week in advance for this program.

**Where:**

Coronado Club Room and Boathouse

**Time:** 7:00pm-9:00pm

**Fee:** \$5/person, plus cost of vessel rental

<u>Day &amp; Date</u>	<u>Bar code</u>
March 12	15108
April 11	15109
May 10	15110

**CORONADO BOAT HOUSE  
OPEN HOUSE**

**Sunday, March 12th  
8:00am - 12:00pm**

**Come to the boathouse and check out Coronado's hidden gem.**

- **We will have SUP boards to demo.**
- **Kayaks and rowing shells will also be available.**
- **PaddleFit fitness class demo @ 9:00am.**
- **Safety & educational materials available.**
- **SDC&K will be on site.**

# CITY OF CORONADO AQUATICS CENTER HOURS

February 13th - May 12th, 2017  
*(Hours subject to change)*

## ADULT LAP SWIM (Competition Pool)

### 50 METER SET-UP

Mon./Wed./Fri. 5:00am - 2:30pm  
 Tues. & Thurs. 5:00am - 2:30pm  
 Mon./Wed./Fri. 6:00pm - 8:00pm  
 Sunday 10:00am - 5:00pm

### 25 YARD SET-UP

Mon./Wed./Fri. 3:00pm - 5:30pm  
 Tues. & Thurs. 3:00pm - 8:00pm  
 Saturday 10:00am - 5:00pm

- Adult lap swim hours are for adults (18 and older) to swim laps; children wishing to swim laps must swim in the same lane as their parent, or show competitive level swimming skills.
- Please circle swim when there are more than 2 people per lane.

## FAMILY SWIM HOURS (Recreation Pool Only)

Monday, Wednesday & Friday 10:00am - 6:00pm  
 Tuesday & Thursday 10:00am - 8:00pm  
 Saturday & Sunday 1:00pm - 5:00pm

- Diving boards will be open starting April 8th, 2017, on Saturdays, 1:00pm - 5:00pm.
- Family Swim Hours are in the Recreation Pool only.
- Children under 8 MUST be accompanied by an adult. Children who can not stand comfortably must have a parent in the water, in contact with them at all times.
- Children who are not toilet trained must wear a NON-DISPOSABLE swim diaper, NO EXCEPTIONS. We sell non-disposable swim diapers for \$7.00 in the Aquatics office.
- 3 lanes are available in the Recreation Pool for lap swim, M-F 5:00am-8:00am, and Tues. and Thurs., 6:00pm-8:00pm.
- Pool Temperatures: Recreational Pool - 85<sup>o</sup>- 86<sup>o</sup> Competition Pool - 79<sup>o</sup>- 80<sup>o</sup>

## POOL FEES

Key Card Rental required- \$10 deposit or government issued I.D.

	Fee:	Resident Discount:
Adults (18 & older)	\$10.00	\$4.00
Youth (17 & under)	\$4.00	\$2.00
Seniors (55 & over) & Person with a Disability	\$7.00	\$3.00
Monthly Pass Adult	\$120.00	\$60.00
Monthly Pass Youth	\$80.00	\$40.00
Monthly Pass Senior & Person with a Disability	\$100.00	\$50.00
Annual Pass Adult*	\$1200.00	\$600.00
Annual Pass Youth*	\$800.00	\$400.00
Annual Pass Senior & Person with a Disability*	\$1000.00	\$500.00

\*The swimming pool may be closed for maintenance or training up to 15 days per year. All efforts are made to minimize such disruptions and to keep the pools open and operating at peak conditions for your swimming pleasure year round.

**Don't be fooled...  
Join us for April Pools Day!**

**Come join us for an educational  
afternoon of Aquatics Safety &  
Information.**

# **APRIL POOLS DAY**

**Kicks off  
Drowning Prevention for the  
Month of May!**

**April 1st, 2017  
1:00pm - 5:00pm**

**Learn how to keep children safe  
in and around water; it could save  
the life of a child you know  
and love!**

We will have booths providing safety information and additional education about drowning prevention will be available.

Once participants visit all of the booths and complete their passport they will receive a wrist band to swim for FREE!

# **SWIM INSTRUCTION**

**SESSION DATES:**

**Monday-Wednesday-Friday**

**A February 22 - March 15 (AM only)**

**B March 20 - April 10**

**C April 17 - May 8**

**Saturday/Sunday**

**D March 11 - April 9**

**E April 15 - May 14**

**Fee: \$70/\$55 Resident Discount**

# **PARENT & CHILD AQUATICS**



**Ages 6 months to 3 years**

## **PARENT & CHILD**

This class is for children ages 6 months to 3 years who have little or no water experience and require flotation support at all times. Parent will be in the water with their child at all times to teach them how to enter and exit the pool safely, submerge, float on their front and back with support and begin exploring kicking with arm action. Children will also experience wearing a lifejacket while parents will learn about general water safety, calling for help and the importance of knowing CPR and first aid. (30 minutes) There are no prerequisites for this course.

<b>Session</b>	<b>Time</b>	<b>Bar code</b>
<b>A</b>	10:00am-10:30am	14884
<b>B</b>	10:00am-10:30am	14885
<b>B</b>	4:10pm-4:40pm	14886
<b>B</b>	5:30pm-6:00pm	14887
<b>C</b>	10:00am-10:30am	14888
<b>C</b>	4:10pm-4:40pm	14889
<b>C</b>	5:30pm-6:00pm	14890
<b>D</b>	9:20am-9:50am	14891
<b>D</b>	10:40am-11:10am	14892
<b>E</b>	9:20am-9:50am	14893
<b>E</b>	10:40am-11:10am	14894

**See Session Dates and fees listed above.**

# PRESCHOOL AQUATICS

Ages 3-5 years



## GUPPIES

This class is for children ages 3-5 years with no previous lesson experience or skills, or for children who may still be uncomfortable in the water. The objective of this level is to help children feel comfortable in the water while teaching them basic skills such as submerging to retrieve objects, front and back glides and beginning alternating arms and legs on front and back. Students will also learn how to stay safe around aquatic environments, call for help and recognize the lifeguard. (30 minutes). There are no prerequisites for this course.

Session	Time	Bar code
A	10:40am-11:10am	14895
B	10:40am-11:10am	14896
B	3:30pm-4:00pm	14897
B	4:50pm-5:20pm	14898
C	10:40am-11:10am	14899
C	3:30pm-4:00pm	14900
C	4:50pm-5:20pm	14901
D	10:00am-10:30am	14902
D	10:40am-11:10am	14903
E	10:00am-10:30am	14904
E	10:40am-11:10am	14905

See Session Dates & Fees listed on page 30.

Children who are not toilet trained **MUST** wear non-disposable swim diapers. No exceptions. We sell them for \$7.00 at the Aquatics office.



## OTTERS



This class is for children ages 3-5 years who are comfortable in the water and are able to float and glide with little or no assistance. The objective of this course is to teach children how to fully submerge, float on both their front and their back for 5 seconds and use combined arm and leg action on both their front and their back for 5 body lengths, all without assistance. Students will also learn how to properly use a lifejacket and call for help. (30 minutes)

**Prerequisites:** Successful completion of Parent and Child or Guppies or who can perform the following skills with minimal assistance: submerge mouth, nose and eyes, front and back glide 2 body lengths and front and back float for 3 seconds.

Session	Time	Bar code
A	11:20am-11:50am	14906
B	11:20am-11:50am	14907
B	3:30pm-4:00pm	14908
B	5:30pm-6:00pm	14909
C	11:20am-11:50am	14910
C	3:30pm-4:00pm	14911
C	5:30pm-6:00pm	14912
D	9:20am-9:50am	14913
D	11:20am-11:50am	14914
E	9:20am-9:50am	14915
E	11:20am-11:50am	14916

See Session Dates & Fees listed on page 30.

Children who are not toilet trained **MUST** wear non-disposable swim diapers. No exceptions. We sell them for \$7.00 at the Aquatics office.



# YOUTH SWIM INSTRUCTION

## SESSION DATES:

### Monday-Wednesday-Friday

**A February 22 - March 15 (AM only)**

**B March 20 - April 10**

**C April 17 - May 8**

### Saturday/Sunday

**D March 11 - April 9**

**E April 15 - May 14**

**Fee: \$70/\$55 Resident Discount**



## SEA TURTLES

The objective of this course is to get children who have had little or no swimming experience comfortable in the water and to teach them basic skills with minimal assistance. This course is designed for children ages 6-12 and will teach them how to fully submerge, float on both their front and back for 5 seconds, and how to recover from a float or glide into a vertical position. This course will also teach children how to change direction of travel while swimming on their front or back and how to tread water using arm and leg action. (30 minutes)

**No prerequisite.** This class is for children ages 6-12 who have had little or no water experience.

Session	Time	Bar code
B	4:50pm-5:20pm	14917
C	4:50pm-5:20pm	14918
D	10:00am-10:30am	14919
E	10:00am-10:30am	14920

**See Session Dates and fees listed above.**

## STINGRAYS



This course is designed for children who are comfortable in the water and do not require assistance for floats or glides. Students will learn how to enter and exit the water, dive from a seated position on the side and tread water for at least 15 seconds, all in shoulder deep water. Students will also learn how to glide on both their front and back and how to use combined arm and leg actions on both front and back. Children will learn elementary back-stroke, bobbing with forward progression to safety and the survival float. (30 minutes)

**Prerequisites:** This class is for children ages 5-12 who have successfully completed Sea Turtles or Otters, or who can demonstrate the following skills: submerge mouth, nose and eyes, fully submerge for 5 seconds and float on both their front and back for 5 seconds without assistance.

Session	Time	Bar code
B	4:10pm-4:40pm	14921
B	5:30pm-6:00pm	14922
C	4:10pm-4:40pm	14923
C	5:30pm-6:00pm	14924
D	10:00am-10:30am	14925
D	11:20am-11:50am	14926
E	10:00am-10:30am	14927
E	11:20am-11:50am	14928

**See Session Dates & Fees listed in previous column.**



## SEALS



This course is for students who are comfortable swimming freestyle and backstroke without assistance and who are comfortable in the deep end. Students will learn a headfirst entry from the side in a kneeling position, bobbing while moving toward safety in deep water, rotary breathing and how to push off in a streamline position on both front and back. Upon successful completion of Seals, children will be able to swim freestyle, backstroke and elementary backstroke at least 25 yards and know breaststroke and scissor kick. (30 minutes)

**Prerequisites:** This class is for children ages 5-12 who have successfully completed Stingrays, or who can demonstrate the following skills: fully submerge and hold breath for 5 seconds, front and back glide for at least 2 body lengths, front glide and roll over to back and hold for 5 seconds and back glide and roll over to front and hold for 5 seconds.

Session	Time	Bar code
B	3:30pm-4:00pm	14929
B	4:50pm-5:20pm	14930
C	3:30pm-4:00pm	14931
C	4:50pm-5:20pm	14932
D	9:20am-9:50am	14933
D	10:40am-11:10am	14934
E	9:20am-9:50am	14935
E	10:40am-11:10am	14936

See Session Dates & Fees listed on page 32.

## DOLPHINS



In this course, children will learn head first entry from the side in both a compact and stride position, how to successfully submerge completely using a feet first surface dive and how to do an open turn for both freestyle and backstroke. Children will also learn to tread water using two different kicks and build endurance so that they can swim both freestyle and backstroke 50 yards, and swim both breaststroke and butterfly for 15 yards. (30 minutes)

**Prerequisites:** This class is for children ages 5-12 who have successfully completed Seals or who can demonstrate the following skills: rotary breathing 10 times, treading water for 30 seconds, freestyle, backstroke and breaststroke 25 yards and breaststroke kick 10 yards.

Session	Time	Bar code
B	4:10pm-4:40pm	14937
B	5:30pm-6:00pm	14938
C	4:10pm-4:40pm	14939
C	5:30pm-6:00pm	14940
D	10:00am-10:30am	14941
D	11:20am-11:50am	14942
E	10:00am-10:30am	14943
E	11:20am-11:50am	14944

See Session Dates & Fees listed on page 32.

## SHARKS



This course is designed for those students who require stroke refinement and want to build up their endurance. In this course students will learn the competitive starts for freestyle and backstroke and how to flip turn on both front and back. Upon successful completion of Sharks children will be able to tread water for 5 minutes, swim both freestyle and backstroke 100 yards and swim breaststroke, butterfly and sidestroke for 25 yards. (30 minutes)

**Prerequisites:** This class is for children ages 5-12 who have successfully completed Dolphins or who can demonstrate the following skills: treading water using 2 different kicks, swim both freestyle and backstroke 50 yards, and swim both breaststroke and butterfly 15 yards.

Session	Time	Bar code
B	4:10pm-4:40pm	14945
B	4:50pm-5:20pm	14946
C	4:10pm-4:40pm	14947
C	4:50pm-5:20pm	14948
D	10:40am-11:10am	14949
D	11:20am-11:50am	14950
E	10:40am-11:10am	14951
E	11:20am-11:50am	14952

See Session Dates & Fees listed on page 32.

## PRE-SWIM TEAM



This specialty class is designed for those children whose next step is to join a competitive youth swim team. Students will work on stroke refinement and endurance in a condensed swim workout while also learning how to read pace clocks, circle swim and use competitive starts and finishes. (30 minutes)

**Prerequisites:** Successful completion of Sharks or who can successfully demonstrate the following skills: tread water for 5 minutes, swim freestyle 100 yards, backstroke 100 yards, breaststroke and butterfly 25 yards.

Session	Time	Bar code
B	3:30pm-4:00pm	14953
C	3:30pm-4:00pm	14954
D	9:20am-9:50am	14955
E	9:20am-9:50am	14956

See Session Dates & Fees listed on page 32.

# SPECIALTY CLASSES

## PRIVATE SWIM INSTRUCTION



We offer private lessons Monday-Friday 2:00-6:00pm and Saturdays 10:00am-2:00pm. Private lessons are offered as four 30 minute lessons one on one with an instructor. Our instructors can work with beginner swimmers all the way up to competitive athletes looking for specialized training. Starting on February 7, 2017 Coronado residents will be able to schedule their sessions in person, or via the phone Monday through Friday, 10:00am-5:00pm on a first come first served basis. Non-residents will be able to schedule their lessons in person or via the phone starting February 22, 2017 from 10:00am-5:00pm. We will not accept private lesson registration via internet or fax. Please remember that this will be on a first come first served basis. **(THERE ARE NO REFUNDS, TRANSFERS, PRO-RATING OR RESCHEDULING OF MISSED PRIVATE LESSONS.)**

**Please be prepared at the time of registration to pick the times for your private lessons.**

**Dates:** March 4 - May 19, 2017  
**Fee:** \$105/\$90 Resident Discount

## DIVING



Everyone likes to dive! Find out how to do basic techniques like the approach, hurdle, tuck and much more.

**Prerequisite:** Successful completion of Seals or equivalent skills.

**Days:** Saturdays  
**Dates:** April 8 - May 6, 2017  
**Time:** 11:20am-12:20pm  
**Age:** 7-14  
**Fee:** \$70/\$60 Resident Discount  
**Bar code:** 14958

## USA WATERPOLO SPLASHBALL



Splashball is designed to introduce the sport of water polo to children 5-11 years old. The intent is to provide basic skills and understanding of the sport in a recreational format. Although water polo is known for its toughness and endurance, Splashball harnesses all the fun dynamic aspects of the game in a safe, easy to learn aquatic experience that will motivate kids to swim and stay fit. This 8 week noncompetitive co-ed program will run Tuesday and Thursdays, September 13 - November 3, the kids will be divided into two groups. The younger kids with less Splashball experience will be in the shallow water. The kids that are older and have Splashball experience will be in the deep water.

**Prerequisite:** Must be able to swim front crawl stroke 15 yards continuously, swim 15 yards back crawl and tread water for 30 seconds or completion of Intro to Splashball. Kids will be tested on the first day of class.

**Days:** Tuesday and Thursday  
**Dates:** March 21 - May 11, 2017  
**Time:** 4:00pm-5:00pm  
**Age:** 5-11  
**Fee:** \$115/\$105 Resident Discount  
**Bar code:** 14959



## LIFEGUARDING & TITLE 22

Become certified as an American Red Cross Lifeguard! Class certifications will include: Lifeguard Training, CPR, AED, and Title 22. These certifications will allow you to be hired as a lifeguard in any California Aquatics Facilities that follow the American Red Cross Certification Program. Students must attend every class in order to become certified. **Prerequisites:** Must be 15 years old, 300 yd. swim continuous breaststroke or freestyle, tread water for 2 minutes with hands up, and timed swim: 1 minute 40 seconds to swim 20 yds. retrieve a 10 lb brick from 7-10 feet then swim the object back 20 yds. with head and object out of water and climb out.

**Fee:** \$200.00

Additional fees for books and Red Cross services will apply and must be purchased before class starts.

### Dates & Time:

#### Spring Class:

March 25	8:30am-5:00pm
March 26	8:30am-5:30pm
March 27	4:30pm-8:00pm
March 28	4:30pm-8:00pm
March 29	4:30pm-8:00pm

**Bar code:** 14961

#### Summer Class:

June 1	4:30pm-9:00pm
June 2	4:30pm-9:00pm
June 3	8:30am-5:30pm
June 4	8:30am-5:30pm

**Bar code:** 14960

**Blended learning requires access to a computer. Participants will be responsible for completing class work prior to 1st day.**



# ADULT PROGRAMS

## WATER AEROBICS



### MORNING CLASSES

We offer an 8:00am-8:45am morning class Monday through Friday and a Monday through Sunday class from 9:00am-9:45am. This morning class is offered as an exercise fitness class with cardio and strength training benefits for the guests. Guests who participate in this class benefit with an increase in flexibility, strength, and fitness. This class is offered as a drop in program. **Aqua shoes are required for all shallow water classes.**

#### Fee/Resident Discount

#### Daily Drop-in Fee:

Adult (18 & over)	\$11.00/\$5.00
Senior (55+) & Person with a Disability	\$8.00/\$4.00

#### 30 Day Punch Card:

Adult	\$110.00/\$80.00
Senior (55+) & Person with a Disability	\$88.00/\$60.00

**Classes/Programs will not be held on Federal Holidays.**

**Dates in which Water Aerobics WILL NOT be held:**

- April 16, 2017, Easter
- May 13-26, 2017, Maintenance
- May 29, 2017, Memorial Day

# ARTHRITIS AQUATIC PROGRAM



This is one of the most popular recreational exercise classes. With guidance from a trained instructor, participants perform gentle stretching and strengthening exercises in a warm water pool. Physical benefits include decreased arthritis pain and stiffness, increased flexibility and strength, plus social interaction in a friendly atmosphere.

**Classes/Programs will not be offered on Federal Holidays.**

**Days:** Monday - Sunday  
**Time:** 10:10am-11:10am  
**Monthly Fee:** \$20/\$16 Resident Discount

Month & Day:	Bar code:			
	February	March	April	May
Monday	14962	14969	14976	14983
Tuesday	14963	14970	14977	14984
Wednesday	14964	14971	14978	14985
Thursday	14965	14972	14979	14986
Friday	14966	14973	14980	14987
Saturday	14967	14974	14981	14988
Sunday	14968	14975	14982	14989

**Days:** Tuesday/Thursday  
**Time:** 11:20am-12:20pm  
**Monthly Fee:** \$20/\$16 Resident Discount

Month & Day:	Bar code:			
	February	March	April	May
Tuesday	14990	14992	14994	14996
Thursday	14991	14993	14995	14997

**Daily Drop-in Fee: (If space permits)**

**Fee/Resident Discount**

Adult (18 & over)	\$12.00/\$6.00
Senior (55+) & Person with a Disability	\$9.00/\$5.00

**Dates in which Arthritis Class WILL NOT be held:**

- April 16, 2017, Easter
- May 13-26, 2017, Maintenance
- May 29, 2017, Memorial Day

*Like Us on Facebook at City of Coronado Recreation Services.*

## Coming Soon!

# Birthday Party Packages

will be available starting April 2017.

Packages will include inflatables, pizza and cake.

Please contact us at 619-522-2464 for more information.

# GYMNASTICS, DANCE & JUMP ROPE CLASSES

## SESSION DATES:

### SESSION A:

**Feb. 13 - Mar. 25, 2017 (6 weeks)**  
(No classes Mon., Feb. 13th or 20th,  
Mar. 27-31 for Spring Break)

### SESSION B:

**Apr. 3 - May 13, 2017 (6 weeks)**  
(No classes Fri., Apr. 14th or Mon., Apr. 17th)

Classes/Programs will not be held on  
Federal Holidays.



## GYMNASTICS I & II (Beginner-Intermediate) GYMNASTICS III & IV (Intermediate-Advanced)

Swinging from bars, balancing on beams, tumbling and vaulting over equipment highlight this safe, fun class. All ages and levels are welcome to join in learning the wonderful sport of gymnastics. Proper rolling, safe landing, handstands, cartwheels, bridges, and handsprings are introduced in a successful and progressive manner.

Class will be divided according to skill level.

**Gymnastics III & IV is by instructor recommendation only.** Students will be learning walkovers, handsprings and saltos as well as extensive stretching and conditioning.

**Where:** Community Center Gymnasium

**Day:** Tuesdays

**Time:** **Gymnastics I & II** Beginner 3:30-4:10pm

**Gymnastics III & IV** Advanced 4:15-4:55pm

**Age:** 5-17 years

<u>Session*</u>	<u>Fee/Resident</u>	<u>Discount</u>	<u>Bar code</u>
A Gymnastics I & II	6 classes	\$100/\$90	15118
A Gymnastics III & IV	6 classes	\$100/\$90	15119
B Gymnastics I & II	6 classes	\$100/\$90	15120
B Gymnastics III & IV	6 classes	\$100/\$90	15121

\*See Session Dates listed on previous column.

## MINI GYMNASTICS



Come and explore the world of spatial awareness for your youngsters, by enrolling them in gymnastics! Our fun filled, active program encourages young students to explore all forms of gross motor movement skills needed to develop their bodies for future physical endeavors. The self directed, free choice format allows preschoolers to explore the equipment at the beginning of each class. We incorporate all gymnastics events to enhance complete body and spatial awareness, stretching, and positions. Participants will learn through "fun and safe" play and work independently without parental guidance.

**Where:** Community Center Gymnasium

**Day:** Tuesdays

**Time:** 2:45pm-3:25pm

**Age:** 3-5 years

<u>Session*</u>	<u>Fee/Resident</u>	<u>Discount</u>	<u>Bar code</u>
A 6 classes	\$100/\$90		15116
B 6 classes	\$100/\$90		15117

\*See Session Dates listed above.



*We often think if it looks like fun it must be unimportant, but "fun" is a young person's "work" necessary for them to learn, to grow, to be productive, creative, and happy.*

## BOYS GYMNASTICS



Boys will be introduced to and trained in the sport of gymnastics. Balance and coordination will also be a part of this class. Gymnastics for boys is an excellent way to develop strength and gain confidence.

**Where:** Community Center Gymnasium

**Day:** Tuesdays

**Time:** 5:00-5:40pm

**Age:** 5 years & up

Session*	Fee/Resident Discount	Bar code
A 6 classes	\$100/\$90	15122
B 6 classes	\$100/\$90	15123

\*See Session Dates listed on page 37.



## TWIRL, SPIN & JUMP



Our preschool dance class is designed to bring out the creative side of all participants through dance, movement, music and fun, while building confidence and incorporating basic dance techniques. Participants will explore basic dance terms, stretches, and leaps. This class will entertain as well as educate your child in dance.

**Where:** Community Center Dance Studio

**Day:** Mondays - 9 classes - One session

**Dates:** Feb. 27, Mar. 6, 13, 20, Apr. 3, 10, 24, May 1, 8

**Time:** 3:30-4:10pm

**Age:** 3-5 years

**Fee:** \$105/\$95

**Bar code:** 15124



## MINI H2A DANCE TEAM (5-8 years)



This rehearsal time is open only to our Mini Heart2Art dance team to work and prepare for their upcoming performances. Our Mini Heart2Art team performs locally in the Coronado & San Diego area. Dancers must be a member of Mini H2A dance team to participate in this class.

**Where:** Community Center Dance Studio

**Day:** Mondays – 9 classes – One Session  
**Dates:** Feb. 27, Mar. 6, 13, 20, Apr. 3, 10, 24, May 1, 8

**Time:** 4:15pm-4:55pm

**Age:** 5-8 years

**Fee:** \$105/\$95

**Bar code:** 15125



*He who would learn to fly one day must first learn to stand and walk and run and climb and dance; one cannot fly into flying. Friedrich Nietzsche*

## CHEER CLASS



Learn how to cheer for your favorite team! This is the perfect class for your child to show some spirit and learn skills that will get them ready to become a strong cheerleader. Participants will be introduced to various fundamental skills including how to stretch, warm-up, correct arm positions, simple cheers, chants, learn how to count for routines.

**Where:** Community Center Gymnasium

**Day:** Mondays - 9 classes - One session

**Dates:** Feb. 27, Mar. 6, 13, 20, Apr. 3, 10, 24, May 1, 8

**Time:** 5:00-5:55pm

**Age:** 6-13 years

**Fee:** \$105/\$95

**Bar code:** 15126

## MOVE 2 THE BEAT



We will explore expressive movements as we learn basic dance moves. Your child will build stamina, strength and coordination as they express themselves through music and dance. They will improve their listening skills, spatial awareness, and sequential learning in this fun class.

**Where:** Community Center Dance Studio

**Dates: Session A:** Feb. 14, 21, 28, Mar. 7, 14, 21

**Session B:** Apr. 4, 11, 18, 25, May 2, 9

**Day:** Tuesdays

**Time:** 3:30-4:10pm

**Age:** 3-5 years

Session*	Fee/Resident Discount	Bar code
A 6 classes	\$75/\$65	15127
B 6 classes	\$75/\$65	15128



## HIP HOP



Pick up some of the hottest hip hop dance moves in this class. Whether your child is a beginner or experienced dancer, dancers will learn the foundation of hip hop steps. This class promotes artistic expression and movement in a fun, musical environment. Emphasis will be placed on coordination, rhythm, timing, and confidence.

**Where:** Community Center Dance Studio

**Dates: Session A:** Feb. 14, 21, 28, Mar. 7, 14, 21

**Session B:** Apr. 4, 11, 18, 25, May 2, 9

**Day:** Tuesdays

**Time:** 4:15-4:55pm

**Age:** 6-13 years

Session*	Fee/Resident Discount	Bar code
A 6 classes	\$75/\$65	15129
B 6 classes	\$75/\$65	15130

## DANCE MASH UP



This AWESOME CLASS is for beginning to intermediate dancers who want to try all types of dance!!!! This class will have a little bit of everything each week as dancers will try a different style of dance including; hip hop, ballet, tap, jazz, contemporary and cheer. Your child will expand their dance skills as they express themselves to music.

**Where:** Community Center Gym

**Dates: Session A:** Feb. 14, 21, 28, Mar. 7, 14, 21

**Session B:** Apr. 4, 11, 18, 25, May 2, 9

**Day:** Tuesdays

**Time:** 5:15-5:55pm

**Age:** 6-13 years

Session*	Fee/Resident Discount	Bar code
A 6 classes	\$75/\$65	15131
B 6 classes	\$75/\$65	15132





## H2A Junior TEAM TECHNIQUE CLASS & REHEARSAL WORKSHOP (9-11years)

This intermediate/advanced class goal is to unify the H2A Juniors Team and to strengthen participating hip hop dancers. The technique class and rehearsal time is open only to our Heart2Art Junior dance team to work and prepare for their upcoming performances. Our Heart2Art Juniors team performs locally in the Coronado & San Diego area. Dancers must be a member of H2A Juniors Team to participate in this class.

**Where:** Community Center Dance Studio

**Day:** Wednesdays  
**Time:** 3:30-4:55pm  
**Age:** 9-11 years

Session*	Fee/Resident Discount	Bar code
Feb.	\$75/\$70	15133
March	\$75/\$70	15134
April	\$75/\$70	15135
May	\$75/\$70	15136



## H2A TEAM TECHNIQUE CLASS & REHEARSAL WORKSHOP (11-15 years)

This intermediate/advanced class goal is to unify the H2A Team and strengthen participating hip hop dancers. The technique class and rehearsal time is open only to our Heart2Art dance team to work and prepare for their upcoming performances. Our Heart2Art team performs locally in the Coronado & San Diego area. Dancers must be a member of H2A Team to participate in these classes

**Where:** Community Center Dance Studio

**Day:** Thursdays  
**Time:** 3:30-4:55pm  
**Age:** 11-15 years

Session*	Fee/Resident Discount	Bar code
Feb.	\$75/\$70	15138
March	\$75/\$70	15139
April	\$75/\$70	15140
May	\$75/\$70	15141



*Put Some Play in Your Day!*

City of Coronado Recreation

2017

## JUMP ROPE CLASS



Your child will get their heart pumping by jumping in our jump rope class! USA Jump Stars promotes jump rope as a means for creating a healthy body and mind. Our focus is fighting childhood obesity and heart disease while developing personal values, team spirit and sportsmanship through competition and live performance... and, of course, fun! Participants will learn basic to intermediate jump rope skills including single rope, 2 person 1 rope, Chinese wheel, traveler, double dutch, and long rope skills. The class is taught by individuals trained by Melinda Everett, National and World Gold Medal jump rope champion and coach of the Coronado Speed Spinners Jump Rope Team. **(Please note that due to the number of Monday holidays, Session A & B are combined for one session for Jump Rope class which will be held Feb. 27 - May 8th, only on dates listed below.)**

**Where:** Community Center Gymnasium

**Days:** Mondays - 9 classes - One session

**Dates:** Feb. 27, Mar. 6, 13, 20, Apr. 3, 10, 24, May 1, 8  
(No classes Feb. 13, 20, Mar. 27-31, Apr. 14, 17)

**Time:** 6:00pm-6:50pm

**Age:** 1st - 8th graders

**Fee:** \$140/\$130 Resident Discount

**Bar code:** 15143



# TOT & PRESCHOOL CLASSES

### SESSION DATES:

#### SESSION A:

**Feb. 13 - Mar. 25, 2017 (6 weeks)**

(No classes Mon., Feb. 13th or 20th, Mar. 27-31 for Spring Break)

#### SESSION B:

**Apr. 3 - May 13, 2017 (6 weeks)**

(No classes Fri., Apr. 14th or Mon., Apr. 17th)

Classes/Programs will not be held on Federal Holidays.

## SENSORY PLAY

Come join us with your little explorer in Sensory Play All Day! Sensory play is not only fun, but it's why babies make funny noises with their mouths and experiment with how the world sounds with their hand covering their ears. By exploring with different types of textures, surfaces and objects, we will be engage in active tummy time as your baby crawls, rolls, or scoots around the area exploring and becoming familiar with all the world has to offer them. Parent or other adult participation is required for this class. PARENTS SHOULD ARRANGE CHILD CARE FOR ANY SIBLINGS OR OTHER CHILDREN.

Where: Community Center Dance Studio

**Day:** Tuesdays

**Time:** 9:15-9:50am

**Age:** 3 - 12 months

<u>Session*</u>	<u>Fee/Resident Discount</u>	<u>Bar code</u>
A 6 classes	\$75/\$65	15144
B 6 classes	\$75/\$65	15145

\*See Session Dates listed above.



## PARENT & TOT TUMBLTIME

This semi-structured class introduces gymnastics and basic gross motor skill development for toddlers. Activities will include some of the following in each 45 minute class; mat work, stretching, imitating movement, log and forward rolls, hand-eye coordination exercises, balance and obstacle courses. Each class will use different mats, songs and movement that will encourage lots of tumbling! Parent (or other adult) participation is required for this class. PARENTS SHOULD ARRANGE CHILD CARE FOR ANY SIBLINGS OR OTHER CHILDREN.

**Where:** Community Center Dance Studio

**Day:** Tuesdays

**Time:** 10:00am-10:45am

**Age:** 12 months (walking) - 36 months

Session*	Fee/Resident Discount	Bar code
A 6 classes	\$75/\$65	15146
B 6 classes	\$75/\$65	15147

\*See Session Dates listed on page 41.

## BABIES & TODDLERS ARE MESSY

Messy play helps babies and toddler explore their developing senses and their creativity in a fun and safe environment. This is a great way for your child to explore different materials and textures, learn about cause and effect, and develop motor and language skills. This class focuses on the process and not the product giving your child the freedom to create their own masterpieces to take home. Parent (or other adult) participation is required for this class. PARENTS SHOULD ARRANGE CHILD CARE FOR ANY SIBLINGS OR OTHER CHILDREN.

**Where:** Community Center Abalone Room

**Day:** Fridays

**Time:** 9:00am-10:00am

**Age:** 12 month (walking) - 36 months

Session*	Fee/Resident Discount	Bar code
A 6 classes	\$75/\$65	15148
B 5 classes	\$65/\$55	15149

\*See Session Dates listed on page 41.

## PLAYMANIA

Does your child need to play and burn off some of their everlasting energy? In this self-directed play environment, your child will enjoy everything from music and movement, arts and crafts, story-telling, and small and large group play. Children will develop social skills and imagination with an emphasis on having FUN! Please leave a number you can be reached at each day when signing in your child. We will call you if your child needs to have their clothes changed.

**Where:** Community Center Sand Dollar Room

**Day:** Tuesdays or Wednesdays or Thursdays

**Time:** 9:00am-11:00am

**Age:** 2-3

Session*	Fee/Resident Discount	Bar code
A Tuesdays 6 classes	\$135/\$125	15155
A Wednesdays 6 classes	\$135/\$125	15154
A Thursdays 6 classes	\$135/\$125	15152
B Tuesdays 6 classes	\$135/\$125	15151
B Wednesdays 6 classes	\$135/\$125	15150
B Thursdays 6 classes	\$135/\$125	15153

\*See Session Dates listed on page 41.



## READING FRUITOPIA

Somewhere over the rainbow.... lies a land full of fruit! Join us as we learn about fruit using color recognition! Each day we will take on another color of the rainbow and learn more about the different fruit's pigmentation and enjoy each of their unique flavors. Participants will engage in active color recognition and distinguish the difference between one to another within the world around them.

So come hungry to learn! And we will see you there!

**Where:** Community Center Sand Dollar Room

**Day:** Mondays

**Time:** 9:00-11:00am

**Age:** 3-5

Session*	Fee/Resident Discount	Bar code
A 4 classes	\$95/\$85	15156
B 5 classes	\$115/\$105	15157

\*See Session Dates listed on page 41.

## BOOK & COOK CLUB

In this Book Club for preschoolers, we will read a favorite book, then cook a recipe related to that book each week. Favorites like "The Very Hungry Caterpillar," "Green Eggs and Ham," "Pancakes, Pancakes" or "If you Give a Cat a Cupcake" will be featured. The class activities will increase your child's love of reading as the books come to life with the dishes they create. Also we will play games and participate in activities related to the book's theme. Different books will be featured each session.

**Where:** Community Center Abalone Room

**Day:** Tuesdays

**Time:** 9:00-11:00am

**Age:** 3-5

Session*	Fee/Resident Discount	Bar code
A 6 classes	\$135/\$125	15158
B 6 classes	\$135/\$125	15159

\*See Session Dates listed on page 41.

## HOLA AMIGOS

"Hola" and "Adios" are just the beginning phrases your child will be saying. Have your preschooler come and learn another language in this exciting class! This Spanish class will engage your 3-5 year old in the Spanish language through verbal skills, fun activities and games. Your child will learn the alphabet and basic words in Spanish as they listen to stories and sing songs in Spanish. Give your child the opportunity to become bilingual at a young age so they will be able to learn more languages as they get older.

**Where:** Community Center Abalone Room

**Day:** Wednesdays

**Time:** 9:00-11:00am

**Age:** 3-5

Dates:	Fee/Resident Discount	Bar code
A 6 classes	\$135/\$125	15160
B 6 classes	\$135/\$125	15161

\*See Session Dates listed on page 41.

## LITTLE YOGIS



Join Little Yogis on Thursday morning for a fun and energy releasing class! This class is very playful yet still follows a structured yoga class. Little Yogis is upbeat and is infused with movement, dancing, instruments and props. We will combine simple yoga poses with engaging songs, puppets and stories that exercise social, sensory and motor skills while increasing flexibility. Children will strengthen their bodies as they learn how to focus through breathing and relaxation techniques. Our yoga games will teach co-operative play and refine listening skills which are essential for success in school. Every class will include yoga, a craft and a healthy snack.

**Where:** Community Center Dance Room

**Day:** Thursdays

**Time:** 9:00-10:30am

**Age:** 3-5

Session*	Fee/Resident Discount	Bar code
A 6 classes	\$105/\$95	15162
B 6 classes	\$105/\$95	15163

\*See Session Dates listed on page 41.

**HANDS, FINGERS, HEELS & TOES  
- ART STUDIO**

Creating art is not always done by a paintbrush, sometimes it's with your Hands, Fingers, Heels and Toes! We will get in touch with our inner Van Gogh and create masterpieces of our own to take home and share with you! With this messy medium, kids build up their finger and hand skills through activities such as finger painting, boosting their fine motor development and engaging them in active experimentation between primary colors. So come join us and let's make ART.

**Where:** Community Center Sand Dollar Room

**Day:** Fridays

**Time:** 9:00-11:00am

**Age:** 3-5

<b>Session*</b>	<b>Fee/Resident Discount</b>	<b>Bar code</b>
<b>A</b> 6 classes	\$135/\$125	15164
<b>B</b> 5 classes	\$115/\$105	15165

*\*See Session Dates listed on page 41.*



**What children do and learn through process-focused art!**

**Social and emotional:**

Children relax, focus, feel successful, and can express their feelings.

**Language and literacy:**

Children may choose to discuss their art and add print to it (on their own or by dictating to a teacher)

**Cognitive:**

Children compare, predict, plan, and problem solve.

**Physical:**

Children use small motor skills to paint, write, glue, use clay, and make collages.

- National Association for the Education of Young Children.

**KINDER  
EXPLORERS**

Bring your lunch for an afternoon filled with fun and new activities. Each week our class will explore different activities which will include: cooking, sports, games, science, and art. Some weeks we travel to local attractions to explore museums, amusement venues, and nature areas. **We will pick up Kindergartens and Transitional Kindergartners from the ECDC (Early Childhood Education Center) at 11:50am and transport them to the Coronado Community Center.** Please send a lunch and beverage with your child and pick them up at the Coronado Community Center (1845 Strand Way) at 3:00pm each week.

**Where:** Community Center Sand Dollar Room

**Day:** Wednesdays

**Time:** 11:50-3:00pm

**Age:** Kindergartners & Transitional Kindergartners

<b>Session*</b>	<b>Fee/Resident Discount</b>	<b>Bar code</b>
<b>A</b> 6 classes	\$140\$130	15166
<b>B</b> 6 classes	\$140\$130	15167

*\*See Session Dates listed on page 41.*



# YOUTH CLASSES

## SESSION DATES:

### SESSION A:

**Feb. 13 - Mar. 25, 2017 (6 weeks)**  
 (No classes Mon., Feb. 13th or 20th,  
 Mar. 27-31 for Spring Break)

### SESSION B:

**Apr. 3 - May 13, 2017 (6 weeks)**  
 (No classes Fri., Apr. 14th or Mon., Apr. 17th)

Classes/Programs will not be held on  
 Federal Holidays.

The following classes with a bus symbol next to the class name include supervision on the playground and transportation in a Recreation Department Van from Village Elementary School to the Coronado Community Center. Note that when 1st-3rd graders get out of school at 2:20pm (1:05pm on Wed), Recreation Staff are at the playground to meet and supervise them. When the 4th & 5th graders get out of school at 2:55pm (1:40pm on Wed), Recreation Staff meet them. Then at 3:00pm, everyone gets into the van to go to the community center.

If your child attends a school other than Village Elementary, call the Recreation Department (522-7342) to ask about the class fee without transportation available for many of the classes. Without transportation, most classes start at 3:30pm (2:00pm on Wed) at the community center.



## SPANISH FUNDamentals

Bring a friend and make some new ones in this NEW Spanish language class. Each week the class will follow a theme that will introduce your child to more Spanish words. Their vocabulary will increase as they play games, sing songs, do movement activities, create crafts, and cook. Your child will have fun learning key phrases, common greetings and how to ask and answer back questions. This is a beginning Spanish class so no prior second language skills are required.

This class includes transportation in a Recreation Department van from Village Elementary. Please pick your child up at 4:30pm at the community center.

**Where: Community Center Abalone Room**

**Day:** Mondays  
**Time:** 2:20-4:30pm  
**Age:** 1st – 3rd Graders

<u>Session*</u>	<u>Fee/Resident Discount</u>	<u>Bar code</u>
A only 4 classes	\$65/\$55	15169

## DIY DIVAS

There is an abundance of awesome do-it-yourself websites out there with the cutest, most stylish, and downright ingenious ideas. But who actually has the time and resources to MAKE all of it? We do! At DIY Divas leave the shopping and planning to us. You just get to come and enjoy the experience of making one-of-kind creations such as art pieces, jewelry, clothing items, decorations, accessories and more! We will have a party on the last day of class to showcase our work and share some tasty treats with family and friends. This class includes transportation in a Recreation Department van from Village Elementary. Please pick your child up at 4:30pm at the community center.

**Where: Community Center Abalone Room**

**Day:** Mondays  
**Time:** 2:20-4:30pm  
**Age:** 1st – 3rd Graders

<u>Session*</u>	<u>Fee/Resident Discount</u>	<u>Bar code</u>
B only 5 classes	\$80/\$70	15170



**KIDS IN THE KITCHEN**



If your child loves to cook, or you want them to gain valuable life skills, this is the class for you. Each week participants will prepare a nutritious snack that they will know how to make at home. Also they will make another dish. Who knows, parents may even get a night off of “dinner duty” with the goodies that come home from this class. Always new recipes guarantee a new experience, even for our past chef participants. Knife skills, kitchen safety and nutrition will be incorporated into each class. Each participant will make a recipe book to bring home so that they can make their favorite recipes again and again. This class includes supervision on the playground from 2:20pm to 2:55pm and transportation in a Recreation Department van from Village Elementary. Please pick your child up at 5:30pm at the community center.

**Where:** Community Center Abalone Room

**Dates:** Tuesdays

**Time:** 2:20-5:30pm

**Age:** 1st-5th graders

<b>Session*</b>	<b>Fee/Resident Discount</b>	<b>Bar code</b>
<b>A</b> 6 classes	\$130/\$120	15170
<b>B</b> 6 classes	\$130/\$120	15171

*\*See Session Dates listed on page 45.*



**OUTDOOR BOUND (3rd – 5th graders only)**



Embrace your inner explorer. Try fishing, kayaking and rock climbing. Learn to identify poisonous plants and animals and set up a campsite. Become aware of wilderness survival skills and environmental stewardship. Every week will be jam packed with fun. Learn science and life skills in this exciting class. The final class will be a bonfire on the bay for the whole family. This class includes supervision on the playground from 2:20pm to 2:55pm and transportation in a Recreation Department van from Village Elementary. We will give each parent a list of the class activities in advance so you know what to wear and bring each week. Activities may change according to weather conditions but fun and excitement is guaranteed each class! Please pick your child up at 5:30pm at the community center. Be aware that activities may change at the last minute due to inclement weather conditions

**Day:** Tuesdays

**Time:** 2:20-5:30pm

**Age:** 3rd – 5th graders

<b>Session*</b>	<b>Fee/Resident Discount</b>	<b>Bar code</b>
<b>A</b> 6 classes	\$140/130	15172
<b>B</b> 6 classes	\$140/130	15173

*\*See Session Dates listed on page 45.*

**INDOOR BOUND (3rd – 5th graders only)**



Does the end of the school day have your child feeling restless? Let them stretch out their legs with a transition from the classroom to the fun room with Indoor Bound. Weekly outings may include bowling, roller skating, dodgeball, the trampoline park or laser tag. Participants will learn to play unique new sports like Pillow Polo, Pickle Ball, and Poison Ball. This class includes supervision on the playground from 2:20pm to 2:55pm and transportation in a Recreation Department van from Village Elementary. Please pick your child up at 5:30pm at the community center. Activities will vary each session.

**Days:** Thursdays

**Time:** 2:20-5:30pm

**Age:** 3rd – 5th graders

<b>Session*</b>	<b>Fee/Resident Discount</b>	<b>Bar code</b>
<b>A</b> 6 classes	\$140/\$130	15174
<b>B</b> 6 classes	\$140/\$130	15175

*\*See Session Dates listed on page 45.*

## STEAM EXPLORERS



In the STEAM Explorers class we will explore Science, Technology, Engineering, Art and Math with realistic based activities each week. We'll visit museums, hike in nature preserves, design machines, solve environmental challenges, investigate global dilemmas, and work as a team. Participation in this class will increase your child's critical thinking skills, cultivate their creativity, guide them to process facts, manipulate data and teach them all around life-skills. This class includes supervision on the playground from 2:20pm to 2:55pm and transportation in a Recreation Department van from Village Elementary. Parents need to pick their child up from the community center at 5:30pm.

**Where:**

Community Center Sand Dollar Room

**Day:** Thursdays

**Time:** 2:20-5:30pm

**Age:** 1st-5th graders

Session*	Fee/Resident Discount	Bar code
B only 6 classes	\$130/\$120	15178

\*See Session Dates listed on page 45.

## WALL CRAWLERS CLASS



Children in 1st-5th grade are invited to join our After School Wall Crawlers class. Each week participants will practice rock climbing techniques on the community center rock wall. Participant's endurance, strength, balance, and tenacity will increase as they work out several muscle groups climbing up the rock wall. (Please note that to participate in this class parents and children must sign a waiver for the rock wall.) This class includes supervision on the playground from 2:20pm to 2:55pm and transportation in a Recreation Department van from Village Elementary to the community center and one hour of rock climbing.

**Where:** Community Center Rock Wall

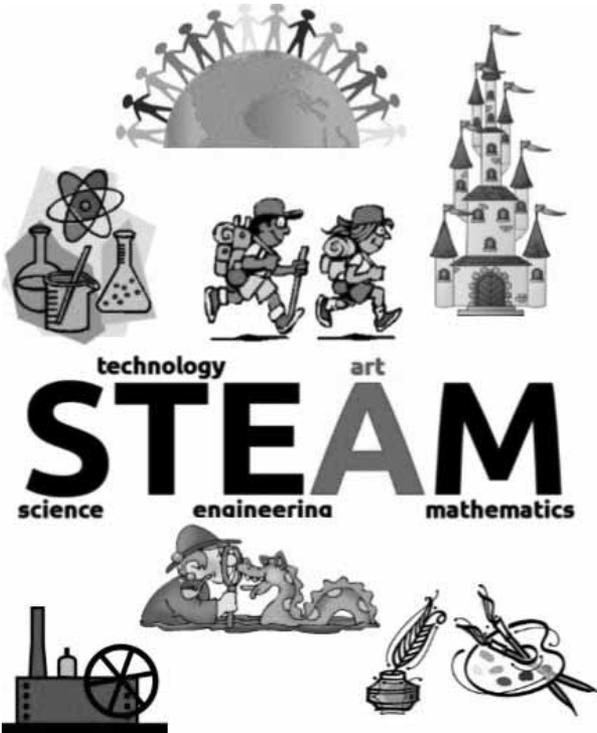
**Day:** Fridays

**Time:** 2:20-4:30pm

**Age:** 1st-5th graders  
(must be 6+ yrs. old)

Session*	Fee/Resident Discount	Bar code
A 6 classes	\$95/\$85	15176
B 5 classes	\$80/\$70	15177

\*See Session Dates listed on page 45.



**THE FOLLOWING YOUTH CLASSES DO NOT INCLUDE TRANSPORTATION FROM SCHOOL....**

**SESSION DATES:**

**SESSION A:**

**Feb. 13 - Mar. 25, 2017 (6 weeks)**  
 (No classes Mon., Feb. 13th or 20th,  
 Mar. 27-31 for Spring Break)

**SESSION B:**

**Apr. 3 - May 13, 2017 (6 weeks)**  
 (No classes Fri., Apr. 14th or Mon., Apr. 17th)

Classes/Programs will not be held on Federal Holidays.



**TAE KWON DO**

Adults and children ages 7 and older can learn the skills of this ancient martial art. This class, taught by a Tae Kwon Do Grand Master, meets twice a week on Mondays and Wednesdays. Register for a month at a time to train in this Olympic sport.

**Where:** Community Center Dance Studio

**Days:** Mondays & Wednesdays  
**Time:** 5:30-7:00pm  
**Age:** 7 & up (includes teens & adults)  
**Fee:** \$55/\$45 Resident Discount

<u>Month</u>	<u>Bar code</u>
Feb.	15179
Mar.	15180
Apr.	15181
May	15182



**CORONADO SURFING ACADEMY SURFING LESSONS**



All lessons include professional instruction, full body wetsuit, and use of a soft surfboard. The approximate time for each surfing lesson is 1 and 1/2 hours with at least 1 hour+ in the water with an instructor.

**Where:** Avenida Del Sol  
 (Between the Shores & Hotel Del)

**Days:** 7 days a week

**Time:** TBD

**Age:** 8 to Adults

**Group Lessons**

**(2-5 people) Fee:** \$60 per lesson/per person

**Private Lessons**

**(One on One)** \$80 one on one lesson

For more information [www.coronadosurfing.com](http://www.coronadosurfing.com) or call (619) 293-3883.



## SKATE CLASS



This class is open to skaters of all skill levels. The instruction from experienced skaters will help to develop your child's bowl skating and street skating skills. Participants of the Skate Class will get 5 extra skate sessions to practice their new skills. All safety gear is included with registration.

**Where:** Coronado Skatepark

**Day:** Tuesdays OR Thursdays

**Time:** 3:30-4:30pm

**Age:** 6-10 years

Session*	Fee/Resident	Discount	Bar code
A Tues.	6 classes	\$55/\$45	15229
A Thurs.	6 classes	\$55/\$45	15230
B Tues.	6 classes	\$55/\$45	15231
B Thurs.	6 classes	\$55/\$45	15232

\*See Session Dates listed on page 48.

## ROCK CLIMBING



Your child can build self esteem, increase fitness, and learn a new sport that they can enjoy the rest of their life. Participants will learn safety practices, basic climbing techniques, and bouldering skills. Participants will climb on the wall during each session.

**Where:** Community Center Climbing Wall

**Day:** Wednesdays

**Time:** 3:00-4:00pm

**Age:** 6-12 years

or

**Day:** Fridays

**Time:** 4:45-5:45pm

**Age:** 6-12 years

Session*	Fee/Resident	Discount	Bar code
A Wed.	6 classes	\$70/\$60	15233
A Fri.	6 classes	\$70/\$60	15234
B Wed.	6 classes	\$70/\$60	15235
B Fri.	5 classes	\$60/\$50	15236

\*See Session Dates listed on page 48.

## ADULT AND CHILD HOLIDAY COOKING CLASSES

Make this Valentine's, Saint Patrick's, Easter and Mother's Day special by spending the day with your child cooking. As a group you will work together to learn a variety of cooking techniques to prepare lots of exciting dishes.

**Where:** Club Room in Glorietta Bay Park

**Day:** Sundays

**Time:** 1:00 pm – 4:00pm

**Age:** Open to children ages 5 and older accompanied by an adult.  
(Maximum 3 children per adult)

**Fee:** \$20 per person. Must register each child and each adult separately

Session*	Fee/Resident	Discount	Bar code
<b>February 12</b>	\$20		15183
Sweets for your Sweetie Parent and Child Cooking			
<b>March 12</b>	\$20		15184
Luck of the Irish Parent and Child Cooking			
<b>April 9</b>	\$20		15185
Springtime Confections Parent and Child Cooking			
<b>May 7</b>	\$20		15186
Mother's Day Mommy and Me Cooking			





## HOLIDAY CAMP 2017

On school holidays your child can have fun playing games, creating crafts, participating in sports, cooking treats, singing songs, winning contests, and more with their friends all day at Holiday Camp. Holiday Camps are held on many Coronado School Districts Holiday, for children in kindergarten through 5th grade, from 7:00am-6:00pm:

**Where:** Holiday Camps are held in the Coronado Community Center

**What to bring:** Participants need to bring a lunch, beverage, extra snacks, and a jacket to each holiday camp

**Time:** 7:00am-6:00pm

**Ages:** Kindergarten – 5th graders (children younger than Kindergarten or in 6th grade or older can not attend this Holiday Camp. Not open to Transitional Kindergarteners.)

**Session\*    Fee/Resident Discount    Bar code**

**Spring Break**

Monday, March 27	\$50/\$40	15187
Tuesday, March 28	\$50/\$40	15188
Wednesday, March 29	\$50/\$40	15189
Thursday, March 30	\$50/\$40	15190
Friday, March 31	\$50/\$40	15191

**Space is limited. Sign up early! Holiday Camps that do NOT meet the minimum registration one week in advance will be cancelled.**



## XTREME DODGEBALL MINI CAMPS - SPRING BREAK

By combining some of the most popular games of all time like Dodgeball, Capture the Flag, Hide and Seek and Paintball, Master Sports has created an incredibly fun, fast paced, adrenaline rush game. This game is played on a court with inflatable obstacles used for ducking, dodging and hiding. Our dodge balls are child friendly soft foam core models to create a safe and Xtremely fun time.

**Where:** Community Center Gymnasium

**Time:** 10:00am-1:00pm

**Age:** 6-13

**Session\*    Fee/Resident Discount    Bar code**

Mon., Mar. 27		
Tues., Mar. 28		
Wed., Mar. 29	\$140/\$130 (3 days)	15193



*Put Some Play in Your Day!*

City of Coronado Recreation

2017

# TEEN PROGRAMS

## CORONADO TEENS

### “Like us” on Facebook:

Our Facebook page includes up-to-date information on Teen Programs for 6th, 7th and 8th graders year round. We offer Teen Camps in the summer, after school classes, volunteer opportunities and so much MORE!!! Check back frequently for the latest updates and announcements.

## CORONADO MIDDLE SCHOOL LUNCH

The Coronado Middle School Lunch Program is a collaboration between the Coronado Recreation Department and the Middle School staff to provide activities on campus during the lunch periods. The program is in its 17th year. Every day the recreation staff lead activities on campus such as sports leagues, tournaments, arts and crafts, contests, and field games. The Recreation Department also works with the school’s ASB board to co-host home room competitions and Fun Friday events.



It’s never too late to join.....

## TEAM SAFE

### “Student and Family Enrichment”

WHY JOIN Team SAFE?

- It is a fun club for middle schoolers.
- It’s a group of teens who get together to eat, socialize and have a good time.
- It gives opportunities to learn tricks on problem solving, how to mentor your peers and how to become a leader.
- It allows you to get involved in community service projects as a volunteer at CMS planter beautification day, children’s carnivals and more.
- The once a month lunch club meetings let teens learn practical life skills.
- Membership includes discounts off Coronado Recreation Programs including Friday Night on Strand Strand and Saturday events.
- Want to know more? You will find the Team SAFE application on-line at [www.coronado.ca.us](http://www.coronado.ca.us). or contact the Team SAFE Program Coordinator, at 522-2461 or by e-mail at [bklosinski@coronado.ca.us](mailto:bklosinski@coronado.ca.us)



## HIGH SCHOOL LEADERSHIP

The goal of the City of Coronado Leadership program is to provide young adults (11th – 12th grade) with the opportunity to be mentored by our bright and charismatic recreation staff so they can learn the leadership skills that are necessary for them to be role models for young children.

HS Leaders will be assigned to specific “recreation programs” after school classes, special events, or sport programs, where through hands-on experience, they will have the opportunity to interact with recreation department staff and instructors. Although there is no fee for the HS Leadership program, participants will be expected to make a commitment to be at the class, special event or sports program they are assigned to for every hour it is held. As a HS Leader, participants will get to experience a wide array of activities as they learn to be a leader. Participation in this program will develop communication skills, build self-confidence, enhance a sense of personal responsibility, and get on-the-job training needed to help get a job in the future.

**How to become a HS Leader:** Participants must fill out an application and provide two non-familial letters of recommendation. (Not everyone who applies will be guaranteed a spot).

**For more information on this program please contact the Teen Recreation Coordinator at** [bklosinski@coronado.ca.us](mailto:bklosinski@coronado.ca.us) or 522-2461.

## ISLANDER EXPLORERS CLUB

Does island fever have you running up the wall? Ever wondered what is beyond the bay, beach, and bridge? Then come along and be part of a team that will ditch the sandy shores and explore what is off “the island”. 6th – 8th grade club members will discover what the outdoors has to offer in multiple natural settings throughout San Diego County while learning tips and tricks to have the best nature experience. (We will even check out a few unknown hidden spots in and around Coronado too). Along with learning the essentials for your outdoor adventures, club members will gain the confidence of becoming a leader and a promoter of environmental stewardship. Club members will meet at various times throughout the year, including free field trips, day hikes and trips for a fee. For more information on the Islanders Explorers Club contact [emcmahon@coronado.ca.us](mailto:emcmahon@coronado.ca.us) or 522-2459.

## TEEN ADVISORY CLUB (for 6th, 7th, and 8th graders)

Is your teen full of great ideas? Then they should join the Teen Advisory Club! Members of the Advisory Club represent the middle school population in the City of Coronado. Participants assist the Coronado Recreation Teen Department with planning and brainstorming middle school activities including: Friday Night on the Strand, After School Classes, Special Events, Volunteer Opportunities, New Clubs, and so much more! Teens will have the chance to voice their opinion, talk about programs or classes they would like to see, team build with their peers, gain leadership skills, meet new people, and have fun! Meetings will either take place during lunch time at Coronado Middle School or at the Coronado Club Room & Boathouse. The Teen Advisory Club will meet several times throughout the school year. Meeting times and dates will be determined based on classroom space and announced by Recreation staff.



## COMMUNITY TEENS

Looking for an opportunity to volunteer in your community? Then this is your chance! Every Monday, we will head out in a recreation van to volunteer for a new organization or cause. Volunteer opportunities include: beach clean-ups, community plantings, arts & crafts at the assisted living center, tech lessons for seniors, holiday food drive and so much more! Space is limited.

**Where:** Participants will be picked up from Coronado Middle School after school. Parent's need to pick up teens at 5:30pm in the Community Center Sand Dollar Room.

**Day:** Mondays - 9 classes - One session  
**Dates:** Feb. 27, Mar. 6, 13, 20  
 Apr. 3, 10, 24, May 1, 8

**Time:** 3:00pm-5:30pm  
**Age:** 6th – 10th graders  
**Fee:** \$25  
**Bar code:** 15197

**\*We have opened this class up to include 9th & 10th graders too!**



## A-TEAM

(All Together Experiencing Amazing Moments)

The A-Team brings participants a variety of fun opportunities to hang with friends!!! Whether it is cooking, paddling, a bonfire, or a trip to a local attraction, the A-Team will always offer an afternoon of fun.

**Where:** Club Room in Glorietta Bay Park

**Days:** Thursdays  
**Time:** 3:00-5:30pm  
**Age:** 16-29 years

**Session A:** Feb. 16, 23, Mar. 2, 9, 16, 23

**Session B:** Apr. 6, 13, 20, 27, May 4, 11

Participants may need to bring spending money when going on trips

Session	Fee/Resident Discount	Bar code
A 6 classes	\$105/\$95	15199
B 6 classes	\$105/\$95	15200

## BABYSITTER TRAINING CLASS

This fun, hands-on class includes topics such as babysitter's responsibilities, safety, infant care, CPR and an introduction to first aid. Participant's practice on dolls to learn infant skills including bottle feeding and diapering and learn and practice CPR on mannequins. Participants receive a Child & Babysitting Safety booklet, certificates and a starter first aid kit.

**Where:** Club Room in Glorietta Bay Park

**What to Bring:**

A snack, beverage and pencil to write with.

**Day:** Saturday, March 11, 2017  
**Time:** 9:30am-2:00pm  
**Age:** 11-15  
**Fee:** \$140/\$130 Resident Discount  
**Bar code:**15201



*The mind must have relaxation, and will rise stronger...after recreation.*

*- Lucius Annaeus Seneca*

## FRIDAY NIGHT ON THE STRAND

Bring your friends to the Community Center for a night of fun!

On select Friday nights throughout the year there are themed activities, dodgeball, rock climbing, video games, movies, dancing, and more.

We provide music and lots of snacks to enjoy as you hang out with your friends!

**When?** Friday Nights TBD during the school year. All 6th, 7th, and 8th grade middle school students are invited.

**Where:** Coronado Community Center Gym, Dance Studio, Abalone Room, and Sand Dollar Room

**Registration:** Participants must have a completed Teen Event Guidelines and Rockwall Waiver (if climbing the rockwall) on file. (You can download this form at [www.coronado.ca.us](http://www.coronado.ca.us))

**Day:** Select Friday nights (TBD)

**Time:** 6:00–9:00pm

**Age:** Middle School students  
6th, 7th, and 8th graders

**Fee:** \$12 per Friday night  
\$10 Team Safe Members & Teen Advisory



## “FRIDAY NIGHT IN THE CLUB ROOM”

This evening is very similar to our Friday Night on the Strand, only it will be located at the Club Room in Glorietta Bay Park. On select dates, come have a fun night with your friends with dancing, beach soccer, s’mores, and more! The night will also include classic FNOS activities such as video games, movies, snacks, arts & crafts and more!

**When?** Friday Nights TBD during the school year. All 6th, 7th, and 8th grade middle school students are invited.

**Where:** Coronado Club Room and Boathouse – 1985 Strand Way

**Registration:** Participants must have a completed Teen Event Guidelines.

**Day:** Select Friday nights (TBD)

**Time:** 5:00 - 8:00pm (Note: New Time)

**Age:** Middle School students  
6th, 7th, and 8th graders

**Fee:** \$12 per Friday night  
\$10 Team Safe Members & Teen Advisory

## FIFTH GRADE PREVIEW @ the Club Room and Boathouse

Come preview what Friday Night on the Strand will be like when you get to Middle School. There is beach soccer, video games, board games, contests, snacks, S’mores and more to enjoy as you hang out with your friends. There are only 5th graders allowed at “The Fifth Grade Preview”. This event does require a Teen Event Guideline form to be turned in on the day of the event or earlier to the Coronado Community Center. You can download this form at [www.coronado.ca.us](http://www.coronado.ca.us)

**Where:** Club Room in Glorietta Bay Park

**Dates:** Friday, May 12, 2017

**Time:** 5:00-8:00pm

**Age:** 5th graders only!!!

**Fee:** \$12.00



## CLUB ROOM CAMPOUT

Join us for an epic overnighiter with your friends at the Coronado Club Room. Enjoy exclusive after-hours access as we go late-night rock climbing, play dodgeball after dark and have a stellar scavenger hunt in the park! We're going to light up the night with a bonfire and beach games. We'll go nocturnal and fuel our night with movies, munchies and memories. Midnight Pizza and Breakfast will be served. We'll have activities all night, but bring your sleeping bag and pillow just in case you want to "crash". For detailed information on the Club Room Campout contact our Teen staff by email at [pchavez@coronado.ca.us](mailto:pchavez@coronado.ca.us)

Be aware that activities may change due to weather conditions.

**Where:** Club Room in Glorietta Bay Park

**Days:** Friday, Apr. 7 at 7:00pm  
Saturday, Apr. 8 till 10:00am

**Ages:** 6th, 7th and 8th grade only

**Fee:** \$60/\$50 Resident Discount

**Bar code:** 15202

## VOLUNTEER for the ANNUAL EASTER EGG-STRAVAGANZA CARNIVAL

Have fun helping little children enjoy the Recreation Department's Annual Easter Egg-stravaganza and earn community service credit. Students will be helping with Life-sized Candyland, Easter Carnival games, crafts, egg hunts and cupcake walk. Please call the Coronado Community Center to register to be a volunteer.

**Where:** Coronado Community Center

**Day:** Saturday, April 15, 2017

**Time:** 12:30pm – 4:00pm

**Ages:** 6th – 12th graders

**Bar code:** 15204



## FRIDAY NIGHT ON THE TOWN –

### ULTRAZONE LASER TAG & IN-N-OUT

Spend a night with your friends going out to dinner and playing Laser Tag. First we will head to Ultrazone in Point Loma, where we will play 3 rounds of laser tag in a multi-level laser game area. Afterwards, we will head next door to In-N-Out to refuel with burgers, fries and milkshakes before we head back to Coronado. Price includes transportation, chaperones, the cost of dinner, and the 3 rounds of laser tag.

**Where:** Meet in the Community Center Lobby

**Day:** Friday, January 13, 2017

**Times:** TBD

**Age:** 6th, 7th, and 8th graders

**Fee:** \$40.00

**Bar code:** 14824

### JUMP AROUND & IN-N-OUT

We will head to Jump Around in Chula Vista where we will spend an hour jumping around on trampolines, flipping into foam pits, playing dodgeball, climbing the rock wall, working our way through the ropes course, and more! Afterwards, we will enjoy dinner at In-N-Out Burger! Price includes transportation, chaperones, and the cost of dinner and one hour jump pass at Jump Around.

**Where:** Meet in the Community Center Lobby

**Day:** Friday, March 3, 2017

**Times:** TBD

**Age:** 6th, 7th, and 8th graders

**Fee:** \$40.00

**Bar code:** 15205

**For ALL Friday Night on the Town events, we drop each participant off at their house when we are done! (If you live in Coronado)**



## SKATE CLUB

Join the "CLUB" to skateboard at different parks each week. We will pick up all "CLUB" members at Pendleton Park on 4th & F Ave. at 3:00pm each Friday to head out to other parks throughout San Diego. This is your opportunity to test your skills on different bowls and "streets" each week. The "CLUB" finishes at Coronado's Skatepark at 6:15pm.

**Where:** Starts at Pendleton Park on 4th and "F" Ave. Pick up at 6:15pm at Coronado Skatepark

**Day:** Fridays  
**Dates:** April 7, 21, 28, May 5, 12  
**Time:** 3:00-6:15pm  
**Age:** 6th - 12th graders  
**Fee:** \$39/\$29 Resident Discount  
**Bar code:** 15206



## SKATE ESCAPE

Shred the day away at exciting skateparks throughout Southern California. Meet at the Coronado Skatepark to head out on a trip to the newest and best skateparks found in Orange, LA, Imperial and Riverside County. For exact dates of the next Skate Escape, contact the Skatepark supervisor by email at emcmahon@coronado.ca.us or call 522-2459.

**Where:** Coronado Skatepark  
**Time:** Varies  
**Age:** 6th - 12th graders  
**Fee:** Varies  
**Dates:** Varies



## SKATE NIGHT BBQ

Come to the Coronado Skatepark at 7:00pm where skaters can eat hot dogs, drink sodas and shred the night away with their fellow skaters. Lights will be set up to illuminate the skatepark and skaters can stay and skate as late 10:00pm, so don't miss out!

**When & Where:** Coronado Skatepark

### Registration:

No pre- registration. Drop in only. If you have a waiver on file with the skatepark, you are eligible for this evening session of fun! Skaters are allowed to skate home by themselves if they leave before 10:30pm. If skater leaves after 10:30pm they must be picked up by a parent/guardian.

**Dates:** TBA  
**Time:** 7:00pm-10:00pm  
**Age:** 10-18  
**Fee:** \$10

# ADULT PROGRAMS

## ADULT AND CHILD HOLIDAY COOKING CLASSES

Make this Valentine's, Saint Patrick's, Easter and Mother's Day special by spending the day with your child cooking. As a group you will work together to learn a variety of cooking techniques to prepare lots of exciting dishes.

**Where:** Club Room in Glorietta Bay Park

**Day:** Sundays  
**Time:** 1:00pm – 4:00pm  
**Age:** Open to children ages 5 and older accompanied by an adult. (Maximum 3 children per adult)  
**Fee:** \$20 per person. Must register each child and each adult separately

<b>Session*</b>	<b>Fee/Resident Discount</b>	<b>Bar code</b>
<b>February 12</b> Sweets for your Sweetie Parent and Child Cooking	\$20	15183
<b>March 12</b> Luck of the Irish Parent and Child Cooking	\$20	15184
<b>April 9</b> Springtime Confections Parent and Child Cooking	\$20	15185
<b>May 7</b> Mother's Day Mommy and Me Cooking	\$20	15186



## ADULT COOKING CLASES

Come enjoy some down time from work and family while socializing with a themed, fun cooking class. In a relaxed, hands-on environment, you will gain skills and learn cooking techniques to inspire you. Come create, laugh, and enjoy some “You” time. Many classes are paired with wine and beer tastings so must be 21 to register. For exact recipes featured in each class, email the instructor at [larles@coronado.ca.us](mailto:larles@coronado.ca.us).

**Where:** Club Room in Glorietta Bay Park

**Day:** Wednesdays

**Time:** 6:00-8:00pm

**Age:** Adults (21 and older)

<b>Session*</b>	<b>Fee/Resident Discount</b>	<b>Bar code</b>
<b>Feb. 8</b> Romantic Dinner	\$50/\$40	15207
<b>Feb. 22</b> Mardi Gras	\$50/\$40	15208
<b>March 15</b> Spanish Tapas	\$50/\$40	15209
<b>May 17</b> Shellfish	\$50/\$40	15210

## DAYTIME ADULT COOKING CLASSES

We have the perfect recipe for a successful adult cooking class. Fresh ingredients, inspiring adults, and wonderful socializing! We will tackle the basics, for those of you with “Mageirocophobia” (A fear of cooking... Sorry, we couldn’t resist such a big word!)...and seasoned cooks just might learn a new trick or two!

**Where:** Club Room in Glorietta Bay Park

**Day:** Fridays

**Time:** 10:30am – 1:30pm

**Age:** Adults

<b>Session*</b>	<b>Fee/Resident Discount</b>	<b>Bar code</b>
February 3 & 17	\$110/\$100 (2 classes)	15215
March 3 & 10	\$110/\$100 (2 classes)	15216
May 5 & 19	\$110/\$100 (2 classes)	15217

## ADULT CO-ED SOFTBALL LEAGUE

The Adult co-ed Softball League will kick off the spring season on February 26th and run through May 7th, 2017. Games are played on Sunday at Tideland Park in Coronado. Teams must have a minimum of 4 males and 4 females to compete every week. Must be 18years or older to play. Please register as a team. No games April 16th.

Fee: \$350 per team plus officials fees.

For additional information, contact Sam Sonne at [ssonne@coronado.ca.us](mailto:ssonne@coronado.ca.us) or call 522-2459.



## CORONADO SURFING ACADEMY SURFING LESSONS

Come learn how to surf with Coronado’s first surfing school. Lessons are about 1.5 hours long with at least 1 solid hour spent in the water. All equipment is provided, for additional info please visit us online at [www.CoronadoSurfing.com](http://www.CoronadoSurfing.com)

**Where:**

Avenida Del Sol  
(Between the Shores & Hotel Del)

**Days:** 7 days a week

**Time:** TBD

**Age:** 8 to Adults

**Group Lessons**

**(2-5 people) Fee:** \$60 per lesson/per person

**Private Lessons**

**(One on One)** \$80 one on one lesson

For more information [www.coronadosurfing.com](http://www.coronadosurfing.com) or call (619) 293-3883.

*A muscle is like a car. If you want it to run well early in the morning, you have to warm it up.*  
Florence Griffith Joyner



## SENIOR AEROBICS

Senior Aerobics is for adults (age 55 and over) to help maintain and increase aerobic capacity, muscle mass and flexibility. This class includes low impact aerobics followed by strength training and stretching. Modifications are provided so that participants can engage in the workout at their own pace and level. Physician clearance suggested prior to starting this class if it is a change in your level of physical activity.

**Where:** Roeder Pavilion at the Coronado Shores

**What to Bring:** Bring mat, hand weights and water. Wear comfortable clothing and aerobic shoes.

**Days:** Mondays, Wednesdays & Fridays

**Time:** 8:00-9:00am

**Walk-in Fees:** \$6/\$4 Resident Discount to attend one class, space permitting.

Must pay prior to class at the community center.

No fees will be collected at the class.

<u>Dates</u>	<u>Fee/Resident Discount</u>	<u>Bar code</u>
Feb 1,3,6,8,10,15,17,22,24,27	\$40/\$30 (No classes Feb 13, 20)	15223
Mar 1,3,6,8,10,13,15,17,20,22,24	\$43/\$33 (No class March 27, 29, 31)	15224
Apr 3,5,7,10,12,19,21,24,26,28	\$40/\$30 (No Classes Apr 14,17)	15225
May 1,3,5,8,10,12,15,17,19,22,24,26,31	\$49/\$39 (No Class May 29)	15226
June 2, 5,7,9,12,14	\$30/\$20 (No Classes June 16, 19, 21, 23, 26, 28)	15227



## SENIOR FITNESS

The Coronado Senior Fitness Program is a comprehensive program designed to help individuals remain healthy. The goal of the program is to work toward and maintain an optimal level of fitness through monitored exercise training and education. This class does not include use of the fitness center.

**Where:** Community Center Dance Studio

**Days:** Mondays, Wednesdays & Fridays

**Time:** 8:00am-9:00am

**Fee:** See below since varies

**Walk-ins Fee:** \$6/\$4 Resident Discount to attend one class, space permitting.

Participants wanting to work out in the Fitness Center immediately following class can pay \$7/\$4 Resident Discount which includes both class and Fitness Center.

<u>Months</u>	<u>Fee/Resident Discount</u>	<u>Bar code</u>
February	\$55/\$45	15219
March	\$55/\$45	15220
April	\$55/\$45	15221
May	\$55/\$45	15222

Classes/Programs will not be held on Federal Holidays.



## SCHEDULE

Coronado Community Center  
 1845 Strand Way • Coronado, CA  
 850.206.7708 • Leanne Dehner  
 jazzercisecoronado@gmail.com

### Low Impact\*\*

Enjoy the same high-energy workout without the jumping & hopping. Set to today's hottest music, low impact uses the same choreography of a regular Jazzercise class, blending aerobics, yoga, Pilates, and kickboxing movements into challenging, fun, fat-burning routines. This workout is for those of all ages, shapes, and fitness levels: from those just beginning a fitness program to the experienced exerciser. Burn up to 600 calories in 60 minutes on our dance floor!

**Mon, Wed, Fri, Sat 8:30 a.m.**  
**Tues, Thurs 5:45 p.m.**

### Pricing

**\$35/mo-12 month minimum, NO Joining Fee**  
**\$40/mo- 6 month minimum, \$25 Joining Fee**  
**\$45/mo- 2 month minimum, \$40 Joining Fee**

\*\*High impact options are shown for those who enjoy the hop, skip, and jump of a regular Jazzercise Class.

**JAZZERCISE.COM • (800) FIT-IS-IT**

### NEW CUSTOMER OFFER

**\$20 Off Registration**

with joining fee & auto-payment registration

For new customers or those who haven't attended in 6 months or longer.

Other restrictions may apply.

Free classes for persons 16-21 years of age during 2017!!!

# CITY OF CORONADO GUIDELINES FOR PARK USE AND BEACH SPORTING EVENTS

Thank you for your interest in a Coronado public park as the location for your special event. Please review the application procedures and regulations carefully before completing the application. Regulations are established to ensure the safety of your event participants as well as compatibility with the park environment and neighboring residents. Your cooperation in following our guidelines is appreciated.

1. All organized use of City Parks, use specific to a particular time or location in a park, use by a group of more than 25 people, or use including a "Jump House" or other activity center requires a use permit. Groups of larger than 100 persons require special consideration for locations other than the beach venues.
2. Applications are considered on a first-come, first served basis for available space. All use must be compatible with the intended use of the park. Only one permit per venue per day will be issued (only one permit per weekend at Bayview Park).
3. Persons requesting use of a City facility are required to pay applicable rental fees and provide the City with a Certificate of Insurance naming the City additionally insured for bodily injury and property damage, along with an Additional Insured Endorsement. The amount required is \$1,000,000 for any event. **The Certificate of Insurance will not be accepted unless it states all the correct information.** The applicant must sign a Hold Harmless Agreement. The City of Coronado is able to provide you with the Special Event Liability insurance coverage; cost is determined by type of event and number of participants. Please call our office for further information.
4. Event will be tentatively scheduled after receipt of application, proof of Residency (to qualify for Resident Rates if applicable), and a \$25.00 nonrefundable application fee.
5. Event will be confirmed upon receipt of the following:
  - Signed contract
  - Cleaning/damage deposit (not refunded on cancelled events)
  - 50% of the rental fee.
  - Certificate of Insurance with the additional insured endorsement (or payment to purchase insurance through the City).
6. Events can be held between **9:00 a.m. and 7:00 p.m.**
7. Applications must be submitted a minimum of **10 working days in advance** and will be accepted no more than 14 months (24 months for Coronado Residents) prior to the event.
8. All sporting events, regardless of the number of participants, require a use permit.

## REGULATIONS:

- Organized use is not permitted on holidays or holiday weekends; Use permits will not be issued for these dates.
- Smoking and Alcohol are not allowed in any of the parks.
- Vehicles are not allowed on turf or sand.
- Amplified music or bands are not permitted. Radios and one (1) acoustical instrument are permitted provided music cannot be heard outside of immediate area.
- Event equipment (such as tents, canopies, arbors, jump houses or entertainment centers) must be provided through a company holding a current Coronado Business License.
- Decorations must be environmental friendly. No latex balloons.
- Commercial vendors are not permitted on Parks.
- Curfew in all parks is from 11:00 p.m. - 5:00 a.m.
- Stakes are not allowed in any parks due to potential irrigation system damage.
- All tents must be free standing. Tents larger than 225 sq. ft. require a building permit from the City of Coronado, Community Development Department at (619) 522-7326.
- Areas cannot be roped off in any manner.
- The damage deposit will be retained on all cancellations.
- Jump houses or entertainment activities will be limited to one activity and one generator only.

**For additional information, call the Recreation Department at (619) 522-7342.**

**THIS FORM IS NOT A PERMIT. PLEASE DO NOT FINALIZE PLANS OR SEND INVITATIONS UNTIL YOU HAVE RECEIVED A PERMIT FROM OUR OFFICE.**

# ACTIVITY REGISTRATION GUIDELINES

## MINIMUMS/MAXIMUMS

All classes have a preset number of minimum and maximum participants. This ensures a safe participant/instructor ratio, as well as enhances the quality of the program for those enrolled. Registration staff cannot make exceptions to the program maximum.

## REFUNDS AND WITHDRAWALS

For any class that is canceled by the Recreation Department, the registrant is entitled to a transfer, credit, or a full refund. Refund requests for over \$50 will be processed and mailed to you within 2-3 weeks. Refunds for programs paid with a credit card will be refunded to that credit card. Cash refund requests for less than \$50 may be picked up at the Community Center between 9:00 am and 4:00 pm, Monday through Friday.

We will be happy to grant any requests for refunds and withdrawals if received 72 hours prior to the first day of class or camp. A 25% administrative fee will be charged PER PERSON/PER CLASS for all withdrawals and transfers requested less than 72 hours prior to the start of the program.

Because of the cost incurred by the City to prepare for the program, including staffing and purchasing supplies, full credits, refunds or transfers will not be granted once the program begins.

## MEDICAL REFUNDS

In the event of a medical emergency, injury or illness, a refund less a pro-rated fees for classes attended will be authorized when verified with a signed, dated physicians note. A refund request for a medical emergency must be received prior to the last day of the class or camp session.

## TRANSFERS

We will be happy to grant any requests for transfers made in person or by phone if received 72 hours prior to the first day of the program. Transfers will not be granted to those who fail to attend a program or fail to request the transfer 72 hours prior to the start of the program.

## DISCOUNTS

Residents of Coronado receive a discount on the price of most programs.

## AGE REQUIREMENTS

To register for a program, your child must be the minimum age listed by the first day of the program.

## SAME DAY REGISTRATION FEE

Applies to same day and late registration where the program or schedule may be affected. Same day and late registration may be accepted, but it is not pro-rated. Fee is \$10.

## WAIT LISTS

In the event that a class is full, you have an option of being placed on a waiting list for up to two classes per person per session/week. There is a 24 hour policy for all wait lists. If you are called and we do not hear back from you within 24 hours, your space in the class will be filled by the next available person. It is your responsibility to make sure we have correct contact information. Multiple phone numbers and an email address are helpful.

## INCLUSION MISSION STATEMENT:

The City of Coronado Recreation Department is committed to serving the needs of everyone in the community through inclusive programming, providing an atmosphere in which persons with and without special needs can interact, play, and socialize with their peers in an all-inclusive, supportive environment.

## INCLUSION

Coronado Recreation along with  Kids Included Together is committed to providing recreation activities for children with and without special needs in an inclusive environment. Please contact the Recreation Department at 522-2461 if you would like more information about our inclusion philosophy.

**All requests must be received at least 3 weeks prior to the start of the program.**

## ADDITIONAL INFORMATION

Children must be able to use the restroom independently in order to participate in youth recreation activities.

Please notify the Recreation Department in advance of any special needs your child may have.

There will be a \$1.00/minute charge for picking your child up after the scheduled ending time of a class or program.

Classes/Programs will not be held on Federal Holidays.

  
**CITY OF CORONADO**  
**RECREATION ACTIVITY REGISTRATION FORM**

Today's Date: \_\_\_\_\_

Resident \_\_\_ Nonresident \_\_\_

Registrar's Initials: \_\_\_\_\_

**IMPORTANT! PROOF OF CORONADO RESIDENCY REQUIRED:**  
 The City requires proof of Coronado residency in order to qualify for resident fees. Please provide a current copy of a valid I.D. and one of the following when you register:  
 • Property Tax Statement • Utility Bill • Military Orders • Check with Address Imprinted

**PROOF OF AGE REQUIRED FOR YOUTH PARTICIPANTS:**  
 Proof of age is required the first time you register. Please provide a copy of one of the following that includes name and birth date:  
 • Birth Certificate • School Record • Passport • Health Card

  
**AMERICANS WITH DISABILITIES ACT**  
 The City of Coronado complies with the Americans with Disabilities Act by providing reasonable accommodations and special assistance to those individuals with disabilities who would like to participate in our programs. Please call (619) 522-7305 for more information.

**STEP 1:** Please sign the acknowledgement at the bottom of this page.

**STEP 2:** Provide your current information. Please list phone numbers and email address and check your preferred method of contact. **Please print clearly.**

- Your relationship to the participant(s): \_\_\_\_\_
- Your Name: (First) \_\_\_\_\_ (M.I.) \_\_\_\_\_ (Last) \_\_\_\_\_
- Current Address: (Street) \_\_\_\_\_ (Apt. #) \_\_\_\_\_  
 (City) \_\_\_\_\_ (State) \_\_\_\_\_ (Zip Code) \_\_\_\_\_
- Daytime Phone: \_\_\_\_\_  Cell: \_\_\_\_\_  Other: \_\_\_\_\_
- E-mail address: \_\_\_\_\_

**STEP 3:** Provide the participant's information, class information and fees. **Please print clearly.**

Participant's Name <small>(You may list more than one person)</small>	M/F	DOB	Age	Grade	Class Name	Class # <small>(Bar code)</small>	Class Fees <small>(Res. / Nonres.)</small>
<b>SUBTOTAL:</b>							
<b>OPTIONAL SCHOLARSHIP DONATION:</b>							
<small>The Scholarship Fund helps to create an opportunity for a child to participate in a recreation program.</small>							
<b>GRAND TOTAL:</b>							

**STEP 4:** Choose form of payment and sign below.

- Cash
- Check # (Make payable to the City of Coronado): \_\_\_\_\_
- Visa/MC/AMEX/Disc #: \_\_\_\_\_
- Exp. Date: \_\_\_\_\_
- Credit on Account (Please list amount): \_\_\_\_\_

I have read and understand the policies listed in the Registration Guidelines and I agree to pay the full amount of the Grand Total.

If I choose to pay by credit card, I authorize the City of Coronado to charge my credit card for the Grand Total amount shown.

**Signature:** \_\_\_\_\_

**STEP 5:** I understand that in order for me/my child to participate in the City of Coronado Recreation Programs, I must have a Participant Information Form on file.

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**CONTACT US:**

1845 Strand Way, Coronado, CA 92118  
 Phone: (619) 522-7342 Fax: (619) 522-7870  
 TDD Line for the hearing impaired: (619) 522-7357  
 Website: [www.coronado.ca.us/recreation](http://www.coronado.ca.us/recreation)  
 Email: [recdept@coronado.ca.us](mailto:recdept@coronado.ca.us)



# Recreation Services Brochure Index of Activities

## ACTIVITY & PAGE #'s

After School 45-47  
Aerobic Classes 35, 36, 58  
Art 42, 44, 45  
Babysitting 53  
Babies 30, 41-42  
Baseball 3, 12  
Basketball 6  
Beaches 11, 59  
Birthdays 8  
Bridge 15  
Cats 11  
Cheerleading 12  
Climbing Wall 7, 47, 49  
Cooking 43, 46, 49, 56-57  
Credits 60  
Dance 38-40  
Dodgeball 50  
Dogs 11  
Fees 5  
Fitness Classes 35, 36, 58  
Fitness Room 4, 6  
Football 3, 12  
Golf 13  
Guest Policy 2  
Gymnastics 37-38  
Holiday Programs 9, 50, 56  
Inclusion 2, 60  
Jazzercise 58  
Jump Rope 41  
Kayaking 25-28  
Lacrosse 3  
Lap Swimming 29  
Lawn Bowling 3, 14-16  
Library 13  
Lifeguards 11, 35  
Martial Arts 48  
Meeting Rooms 4

## ACTIVITY & PAGE #'s

Movies 15  
On-Line Registration 1, 3  
Paddling 24-28  
Parks 64-65  
Participant Information Form 62  
Parties 4, 8  
Permits 59  
Phone Numbers 3  
Preschool 31, 37-39, 42-44  
Registration 1, 60-62  
Rowing 25-28  
Scholarships 2  
Science 47  
Seniors 10, 14-17, 35-36, 58  
Skateboarding 7, 49, 56  
Soccer 3, 12  
Softball 3, 12, 57  
Special Events 9  
Surfing 13, 48, 57  
Swim Team 3, 12  
Swimming 29-36  
Tae Kwon Do 48  
Team Sports 3, 11, 12  
Technology 47  
Teen Programs 51  
Tennis 3, 12, 18-23  
Toddlers 30, 42  
Wait Lists 60  
Water Polo 34  
Weddings (See insert)

# PARKS OF CORONADO

	Name	Address	<sup>3</sup> Allows Groups	Playground	Restroom	Jump House Permitted	Dogs
1	Bandel Park	1000 J Ave	No	No	No	No	No
2	Bay Cir Park	100 Bay Cir	No	No	No	No	No
3	Bayview Park	413 First St	Yes	No	No	No	On Leash
4	Coronado Cays Park	99 Grand Caribe Isle	Yes	Yes	Yes	Yes	Designated Area
5	Centennial Park	1099 ½ First St	Yes	No	No	No	Yes
6	Cronan Park	500 Pomona	No	No	No	No	No
7	Glorietta Bay Park	1975 Strand Way	Yes	Yes	Yes	Yes	No
8	Glorietta Bay Promenade	1835 Strand Way	Yes <sup>2</sup>	No	No	No	No
9	Grand Caribe Shoreline Park	Grand Caribe Cswy @ Caribe Cay Blvd. N.	No	No	No	No	No
10	Harborview Park	First St & E Ave	No	No	No	No	No
11	Mathewson Park	700 Pomona	Yes	Yes	No	Yes	No
12	North Cays Park	100 Coronado Cays Blvd.	Yes	Yes	No	Yes	No
13	Glenn Curtiss Park	511 Third St	No	Yes	No	No	No
14	Rotary Park	1050 Orange Ave	No	No	No	No	No
15	Spreckels Park	601 Orange Ave	Yes	Yes	Yes	Yes	No
16	Star Park	1030 Park Place	Yes	No	No	No	No
17	Sunset Park	101 Ocean Blvd.	Yes	Yes	Porta-Potties	No	No
18	Tidelands Park 619-686-6200	Glorietta Blvd @ Third St	1	Yes	Yes	1	Paved Area
19	Pendleton Park	431 Palm Ave	No	No	No	No	No
20	Vetter Park	1625 Cajon Place	No	Yes	No	No	On Leash
21	Vista Del Barco Park	1515 Glorietta Blvd	No	No	No	No	No

<sup>1</sup>Tidelands Park is under the Port District Jurisdiction. Jump Houses must be approved by the Port District.

<sup>2</sup>With rental of the Coronado Community Center Banquet Room.

<sup>3</sup>Permits are required for groups of more than 25.

Alcohol is not permitted in Parks.

There are no fire rings or barbeques provided in Parks.





**RECREATION SERVICES**  
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